

Alabama

STATE FACT SHEET ON PERIOD POVERTY

In **Alabama**, **1 in 5** women and girls between the age of 12 and 44 live below the Federal Poverty Line.

Period Supplies Help Students Stay in School

1 in 4 teens in the US has missed class due to lack of access to period supplies. In Alabama, **45%** of female students in public school grades 7 to 12 attend Title I Eligible schools.

Period Supplies Are Necessities, Not Luxuries

Sales taxes on period supplies place an unequal burden on individuals who menstruate. **26** states tax period supplies. In Alabama, period supplies **are** taxed.

Alabama Menstruators Need Period Supplies

1,040,945

women and girls between the ages 12 to 44 live in Alabama. Of those, **1 in 5** live below the Federal Poverty Line (FPL).

207,151

women and girls between the ages 12 to 44 live below 100% of the FPL. Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.

208,500

women between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan. While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.

29,069

women participate in the Women, Infants, and Children (WIC) Program. Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

Alabama's 3 Allied Programs distributed more than

79,334 pads and tampons*
& **44,744** liners*

Allied Programs Provided menstruators with

19,834 worry-free days**

* 2021 Figures

** Number of days Allied Programs provided menstruators with the recommended daily supply of period products in 2021.



**alliance for
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Alliance for Period Supplies raises national awareness of period poverty and supports the development and expansion of period supply programs in communities throughout the country.



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United States

NATIONAL FACT SHEET ON PERIOD POVERTY

2 in 5 Women Struggles to Purchase Period Products Due to a Lack of Income.

Alliance for Period Supplies works throughout the US to ensure that individuals in need have access to the essential period products they require to participate fully in daily life. Our Allied Programs nationwide collect, warehouse, and distribute menstrual products in local communities.

Women in the Workforce

Nearly **3 in 10** women ages 20 or older were unemployed in February 2022 and had been looking for work for six months or longer.

Women Missing Work & School

One-third of low-income women reports missing work, school or similar commitments due to lack of access to period supplies.

Distributing Donated Product

Allied Programs distributed **19.7 million+** pads and tampons & **3.5 million+** liners in 2021.

Improving Lives

Period supplies from Allied Programs provided **4.9 million+** worry-free days & **3.5 million+** confident days in 2021.

70.3 Million

women and girls between the ages 12 to 44 live in the United States.
Of those, **1 in 6** lives below the Federal Poverty Line (FPL).

11.3 Million

women and girls between the ages 12 to 44 live below 100% of the FPL.
Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.

15.7 Million

women and girls between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan.
While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.

1.6 Million

women participate in the Women, Infants, and Children (WIC) Program.
Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

120+ Allied Programs Distribute **23.2 Million+** Period Supplies Annually
and Serve **108,000+** Women and Girls Monthly



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Alaska

STATE FACT SHEET ON PERIOD POVERTY

In **Alaska**, **1 in 8** women and girls between the age of 12 and 44 live below the Federal Poverty Line.

Period Supplies Help Students Stay in School

1 in 4 teens in the US has missed class due to lack of access to period supplies. In Alaska, **61%** of female students in public school grades 7 to 12 attend Title I Eligible schools.

Period Supplies Are Necessities, Not Luxuries

Sales taxes on period supplies place an unequal burden on individuals who menstruate. **26** states tax period supplies. In Alaska, period supplies **are not** taxed.

Alaska Menstruators Need Period Supplies

159,256

women and girls between the ages 12 to 44 live in Alaska. Of those, **1 in 8** live below the Federal Poverty Line (FPL).

19,099

women and girls between the ages 12 to 44 live below 100% of the FPL. Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.

42,400

women between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan. While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.

3,886

women participate in the Women, Infants, and Children (WIC) Program. Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

Alaska has 1 Allied Program distributing period supplies.*

The Alliance for Period supplies is working to end period poverty by providing menstruators with worry-free days.**

* 2021 Figures

** Number of days Allied Programs provided menstruators with the recommended daily supply of period products in 2021.



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United States

NATIONAL FACT SHEET ON PERIOD POVERTY

2 in 5 Women Struggles to Purchase Period Products Due to a Lack of Income.

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Women in the Workforce

Nearly **3 in 10** women ages 20 or older were unemployed in February 2022 and had been looking for work for six months or longer.

Women Missing Work & School

One-third of low-income women reports missing work, school or similar commitments due to lack of access to period supplies.

Distributing Donated Product

Allied Programs distributed **19.7 million+** pads and tampons & **3.5 million+** liners in 2021.

Improving Lives

Period supplies from Allied Programs provided **4.9 million+** worry-free days & **3.5 million+** confident days in 2021.

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Arizona

STATE FACT SHEET ON PERIOD POVERTY

In **Arizona**, **1 in 6** women and girls between the age of 12 and 44 live below the Federal Poverty Line.

Period Supplies Help Students Stay in School

1 in 4 teens in the US has missed class due to lack of access to period supplies.

In Arizona, **64%** of female students in public school grades 7 to 12 attend Title I Eligible schools.

Period Supplies Are Necessities, Not Luxuries

Sales taxes on period supplies place an unequal burden on individuals who menstruate.

26 states tax period supplies.

In Arizona, period supplies **are** taxed.

Arizona Menstruators Need Period Supplies

1,522,300

women and girls between the ages 12 to 44 live in Arizona.

Of those, **1 in 6** live below the Federal Poverty Line (FPL).

257,213

women and girls between the ages 12 to 44 live below 100% of the FPL.

Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.

443,300

women between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan.

While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.

32,037

women participate in the Women, Infants, and Children (WIC) Program.

Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

Arizona's 3 Allied Programs distributed more than

542,674 pads and tampons*
& **146,040** liners*

Allied Programs Provided menstruators with

135,669 worry-free days**

* 2021 Figures

** Number of days Allied Programs provided menstruators with the recommended daily supply of period products in 2021.



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United States

NATIONAL FACT SHEET ON PERIOD POVERTY

2 in 5 Women Struggles to Purchase Period Products Due to a Lack of Income.

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Women in the Workforce

Nearly **3 in 10** women ages 20 or older were unemployed in February 2022 and had been looking for work for six months or longer.

Women Missing Work & School

One-third of low-income women reports missing work, school or similar commitments due to lack of access to period supplies.

Distributing Donated Product

Allied Programs distributed **19.7 million+** pads and tampons & **3.5 million+** liners in 2021.

Improving Lives

Period supplies from Allied Programs provided **4.9 million+** worry-free days & **3.5 million+** confident days in 2021.

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120+ Allied Programs Distribute **23.2 Million+** Period Supplies Annually
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Arkansas

STATE FACT SHEET ON PERIOD POVERTY

In **Arkansas**, **1 in 5** women and girls between the age of 12 and 44 live below the Federal Poverty Line.

Period Supplies Help Students Stay in School

1 in 4 teens in the US has missed class due to lack of access to period supplies.

In Arkansas, **89%** of female students in public school grades 7 to 12 attend Title I Eligible schools.

Period Supplies Are Necessities, Not Luxuries

Sales taxes on period supplies place an unequal burden on individuals who menstruate.

26 states tax period supplies.

In Arkansas, period supplies **are** taxed.

Arkansas Menstruators Need Period Supplies

636,031

women and girls between the ages 12 to 44 live in Arkansas.

Of those, **1 in 5** live below the Federal Poverty Line (FPL).

126,217

women and girls between the ages 12 to 44 live below 100% of the FPL.

Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.

183,300

women between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan.

While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.

16,684

women participate in the Women, Infants, and Children (WIC) Program.

Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

Arkansas has 2 Allied Program distributing period supplies.*

The Alliance for Period supplies is working to end period poverty by providing menstruators with worry-free days.**

* 2021 Figures

** Number of days Allied Programs provided menstruators with the recommended daily supply of period products in 2021.



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United States

NATIONAL FACT SHEET ON PERIOD POVERTY

2 in 5 Women Struggles to Purchase Period Products Due to a Lack of Income.

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Women in the Workforce

Nearly **3 in 10** women ages 20 or older were unemployed in February 2022 and had been looking for work for six months or longer.

Women Missing Work & School

One-third of low-income women reports missing work, school or similar commitments due to lack of access to period supplies.

Distributing Donated Product

Allied Programs distributed **19.7 million+** pads and tampons & **3.5 million+** liners in 2021.

Improving Lives

Period supplies from Allied Programs provided **4.9 million+** worry-free days & **3.5 million+** confident days in 2021.

70.3 Million

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120+ Allied Programs Distribute **23.2 Million+** Period Supplies Annually
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California

STATE FACT SHEET ON PERIOD POVERTY

In **California**, **1 in 7** women and girls between the age of 12 and 44 live below the Federal Poverty Line.

Period Supplies Help Students Stay in School

1 in 4 teens in the US has missed class due to lack of access to period supplies. In California, **0%** of female students in public school grades 7 to 12 attend Title I Eligible schools.

Period Supplies Are Necessities, Not Luxuries

Sales taxes on period supplies place an unequal burden on individuals who menstruate. **26** states tax period supplies. In California, period supplies **are not** taxed.

California Menstruators Need Period Supplies

8,810,335

women and girls between the ages 12 to 44 live in California. Of those, **1 in 7** live below the Federal Poverty Line (FPL).

1,299,738

women and girls between the ages 12 to 44 live below 100% of the FPL. Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.

2,659,000

women between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan. While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.

202,777

women participate in the Women, Infants, and Children (WIC) Program. Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

California's 7 Allied Programs distributed more than

374,034 pads and tampons*
& **87,732** liners*

Allied Programs Provided menstruators with

93,509 worry-free days**

* 2021 Figures

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United States

NATIONAL FACT SHEET ON PERIOD POVERTY

2 in 5 Women Struggles to Purchase Period Products Due to a Lack of Income.

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Women in the Workforce

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Women Missing Work & School

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Distributing Donated Product

Allied Programs distributed **19.7 million+** pads and tampons & **3.5 million+** liners in 2021.

Improving Lives

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Colorado

STATE FACT SHEET ON PERIOD POVERTY

In **Colorado**, **1 in 8** women and girls between the age of 12 and 44 live below the Federal Poverty Line.

Period Supplies Help Students Stay in School

1 in 4 teens in the US has missed class due to lack of access to period supplies.

In Colorado, **16%** of female students in public school grades 7 to 12 attend Title I Eligible schools.

Period Supplies Are Necessities, Not Luxuries

Sales taxes on period supplies place an unequal burden on individuals who menstruate.

26 states tax period supplies.

In Colorado, period supplies **are** taxed.

Colorado Menstruators Need Period Supplies

1,268,112

women and girls between the ages 12 to 44 live in Colorado.

Of those, **1 in 8** live below the Federal Poverty Line (FPL).

154,408

women and girls between the ages 12 to 44 live below 100% of the FPL.

Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.

266,200

women between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan.

While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.

20,120

women participate in the Women, Infants, and Children (WIC) Program.

Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

Colorado's 3 Allied Programs distributed more than

188,613 pads and tampons*
& **58,695** liners*

Allied Programs Provided menstruators with

47,153 worry-free days**

* 2021 Figures

** Number of days Allied Programs provided menstruators with the recommended daily supply of period products in 2021.



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United States

NATIONAL FACT SHEET ON PERIOD POVERTY

2 in 5 Women Struggles to Purchase Period Products Due to a Lack of Income.

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Women in the Workforce

Nearly **3 in 10** women ages 20 or older were unemployed in February 2022 and had been looking for work for six months or longer.

Women Missing Work & School

One-third of low-income women reports missing work, school or similar commitments due to lack of access to period supplies.

Distributing Donated Product

Allied Programs distributed **19.7 million+** pads and tampons & **3.5 million+** liners in 2021.

Improving Lives

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Connecticut

STATE FACT SHEET ON PERIOD POVERTY

In **Connecticut**, **1 in 8** women and girls between the age of 12 and 44 live below the Federal Poverty Line.

Period Supplies Help Students Stay in School

1 in 4 teens in the US has missed class due to lack of access to period supplies. In Connecticut, **40%** of female students in public school grades 7 to 12 attend Title I Eligible schools.

Period Supplies Are Necessities, Not Luxuries

Sales taxes on period supplies place an unequal burden on individuals who menstruate. **26** states tax period supplies. In Connecticut, period supplies **are not** taxed.

Connecticut Menstruators Need Period Supplies

735,726

women and girls between the ages 12 to 44 live in Connecticut. Of those, **1 in 8** live below the Federal Poverty Line (FPL).

89,488

women and girls between the ages 12 to 44 live below 100% of the FPL. Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.

242,400

women between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan. While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.

10,283

women participate in the Women, Infants, and Children (WIC) Program. Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

Connecticut has 1 Allied Program distributing period supplies.*

The Alliance for Period supplies is working to end period poverty by providing menstruators with worry-free days.**

* 2021 Figures

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Women Missing Work & School

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Distributing Donated Product

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Improving Lives

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Delaware

STATE FACT SHEET ON PERIOD POVERTY

In **Delaware**, **1 in 7** women and girls between the age of 12 and 44 live below the Federal Poverty Line.

Period Supplies Help Students Stay in School

1 in 4 teens in the US has missed class due to lack of access to period supplies.

In Delaware, **56%** of female students in public school grades 7 to 12 attend Title I Eligible schools.

Period Supplies Are Necessities, Not Luxuries

Sales taxes on period supplies place an unequal burden on individuals who menstruate.

26 states tax period supplies.

In Delaware, period supplies **are not** taxed.

Delaware Menstruators Need Period Supplies

197,420

women and girls between the ages 12 to 44 live in Delaware.

Of those, **1 in 7** live below the Federal Poverty Line (FPL).

28,873

women and girls between the ages 12 to 44 live below 100% of the FPL.

Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.

48,100

women between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan.

While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.

4,129

women participate in the Women, Infants, and Children (WIC) Program.

Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

Delaware has 1 Allied Program distributing period supplies.*

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Improving Lives

Period supplies from Allied Programs provided **4.9 million+** worry-free days & **3.5 million+** confident days in 2021.

70.3 Million

women and girls between the ages 12 to 44 live in the United States.
Of those, **1 in 6** lives below the Federal Poverty Line (FPL).

11.3 Million

women and girls between the ages 12 to 44 live below 100% of the FPL.
Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.

15.7 Million

women and girls between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan.
While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.

1.6 Million

women participate in the Women, Infants, and Children (WIC) Program.
Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

120+ Allied Programs Distribute **23.2 Million+** Period Supplies Annually
and Serve **108,000+** Women and Girls Monthly



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Alliance for Period Supplies raises national awareness of period poverty and supports the development and expansion of period supply programs in communities throughout the country.



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Florida

STATE FACT SHEET ON PERIOD POVERTY

In **Florida**, **1 in 6** women and girls between the age of 12 and 44 live below the Federal Poverty Line.

Period Supplies Help Students Stay in School

1 in 4 teens in the US has missed class due to lack of access to period supplies. In Florida, **79%** of female students in public school grades 7 to 12 attend Title I Eligible schools.

Period Supplies Are Necessities, Not Luxuries

Sales taxes on period supplies place an unequal burden on individuals who menstruate. **26** states tax period supplies. In Florida, period supplies **are not** taxed.

Florida Menstruators Need Period Supplies

4,215,766

women and girls between the ages 12 to 44 live in Florida. Of those, **1 in 6** live below the Federal Poverty Line (FPL).

659,115

women and girls between the ages 12 to 44 live below 100% of the FPL. Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.

785,200

women between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan. While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.

112,596

women participate in the Women, Infants, and Children (WIC) Program. Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

Florida's 11 Allied Programs distributed more than

4,200,347 pads and tampons*
& **410,088** liners*

Allied Programs Provided menstruators with

1,050,087 worry-free days**

* 2021 Figures

** Number of days Allied Programs provided menstruators with the recommended daily supply of period products in 2021.



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United States

NATIONAL FACT SHEET ON PERIOD POVERTY

2 in 5 Women Struggles to Purchase Period Products Due to a Lack of Income.

Alliance for Period Supplies works throughout the US to ensure that individuals in need have access to the essential period products they require to participate fully in daily life. Our Allied Programs nationwide collect, warehouse, and distribute menstrual products in local communities.

Women in the Workforce

Nearly **3 in 10** women ages 20 or older were unemployed in February 2022 and had been looking for work for six months or longer.

Women Missing Work & School

One-third of low-income women reports missing work, school or similar commitments due to lack of access to period supplies.

Distributing Donated Product

Allied Programs distributed **19.7 million+** pads and tampons & **3.5 million+** liners in 2021.

Improving Lives

Period supplies from Allied Programs provided **4.9 million+** worry-free days & **3.5 million+** confident days in 2021.

70.3 Million

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Of those, **1 in 6** lives below the Federal Poverty Line (FPL).

11.3 Million

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15.7 Million

women and girls between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan.
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1.6 Million

women participate in the Women, Infants, and Children (WIC) Program.
Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

120+ Allied Programs Distribute **23.2 Million+** Period Supplies Annually
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Georgia

STATE FACT SHEET ON PERIOD POVERTY

In **Georgia**, **1 in 6** women and girls between the age of 12 and 44 live below the Federal Poverty Line.

Period Supplies Help Students Stay in School

1 in 4 teens in the US has missed class due to lack of access to period supplies.

In Georgia, **51%** of female students in public school grades 7 to 12 attend Title I Eligible schools.

Period Supplies Are Necessities, Not Luxuries

Sales taxes on period supplies place an unequal burden on individuals who menstruate.

26 states tax period supplies. In Georgia, period supplies **are** taxed.

Georgia Menstruators Need Period Supplies

2,379,174

women and girls between the ages 12 to 44 live in Georgia. Of those, **1 in 6** live below the Federal Poverty Line (FPL).

400,850

women and girls between the ages 12 to 44 live below 100% of the FPL. Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.

342,400

women between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan. While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.

52,065

women participate in the Women, Infants, and Children (WIC) Program. Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

Georgia's 3 Allied Programs distributed more than

231,778 pads and tampons*
& **15,535** liners*

Allied Programs Provided menstruators with

57,945 worry-free days**

* 2021 Figures

** Number of days Allied Programs provided menstruators with the recommended daily supply of period products in 2021.



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United States

NATIONAL FACT SHEET ON PERIOD POVERTY

2 in 5 Women Struggles to Purchase Period Products Due to a Lack of Income.

Alliance for Period Supplies works throughout the US to ensure that individuals in need have access to the essential period products they require to participate fully in daily life. Our Allied Programs nationwide collect, warehouse, and distribute menstrual products in local communities.

Women in the Workforce

Nearly **3 in 10** women ages 20 or older were unemployed in February 2022 and had been looking for work for six months or longer.

Women Missing Work & School

One-third of low-income women reports missing work, school or similar commitments due to lack of access to period supplies.

Distributing Donated Product

Allied Programs distributed **19.7 million+** pads and tampons & **3.5 million+** liners in 2021.

Improving Lives

Period supplies from Allied Programs provided **4.9 million+** worry-free days & **3.5 million+** confident days in 2021.

70.3 Million

women and girls between the ages 12 to 44 live in the United States.
Of those, **1 in 6** lives below the Federal Poverty Line (FPL).

11.3 Million

women and girls between the ages 12 to 44 live below 100% of the FPL.
Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.

15.7 Million

women and girls between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan.
While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.

1.6 Million

women participate in the Women, Infants, and Children (WIC) Program.
Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

120+ Allied Programs Distribute **23.2 Million+** Period Supplies Annually
and Serve **108,000+** Women and Girls Monthly



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Hawaii

STATE FACT SHEET ON PERIOD POVERTY

In **Hawaii**, **1 in 9** women and girls between the age of 12 and 44 live below the Federal Poverty Line.

Period Supplies Help Students Stay in School

1 in 4 teens in the US has missed class due to lack of access to period supplies.

In Hawaii, **47%** of female students in public school grades 7 to 12 attend Title I Eligible schools.

Period Supplies Are Necessities, Not Luxuries

Sales taxes on period supplies place an unequal burden on individuals who menstruate.

26 states tax period supplies.

In Hawaii, period supplies **are** taxed.

Hawaii Menstruators Need Period Supplies

286,494 women and girls between the ages 12 to 44 live in Hawaii. Of those, **1 in 9** live below the Federal Poverty Line (FPL).

30,820 women and girls between the ages 12 to 44 live below 100% of the FPL. Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.

55,100 women between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan. While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.

6,636 women participate in the Women, Infants, and Children (WIC) Program. Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

Hawaii has 1 Allied Program distributing period supplies.*

The Alliance for Period supplies is working to end period poverty by providing menstruators with worry-free days.**

* 2021 Figures

** Number of days Allied Programs provided menstruators with the recommended daily supply of period products in 2021.



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United States

NATIONAL FACT SHEET ON PERIOD POVERTY

2 in 5 Women Struggles to Purchase Period Products Due to a Lack of Income.

Alliance for Period Supplies works throughout the US to ensure that individuals in need have access to the essential period products they require to participate fully in daily life. Our Allied Programs nationwide collect, warehouse, and distribute menstrual products in local communities.

Women in the Workforce

Nearly **3 in 10** women ages 20 or older were unemployed in February 2022 and had been looking for work for six months or longer.

Women Missing Work & School

One-third of low-income women reports missing work, school or similar commitments due to lack of access to period supplies.

Distributing Donated Product

Allied Programs distributed **19.7 million+** pads and tampons & **3.5 million+** liners in 2021.

Improving Lives

Period supplies from Allied Programs provided **4.9 million+** worry-free days & **3.5 million+** confident days in 2021.

70.3 Million

women and girls between the ages 12 to 44 live in the United States.
Of those, **1 in 6** lives below the Federal Poverty Line (FPL).

11.3 Million

women and girls between the ages 12 to 44 live below 100% of the FPL.
Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.

15.7 Million

women and girls between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan.
While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.

1.6 Million

women participate in the Women, Infants, and Children (WIC) Program.
Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

120+ Allied Programs Distribute **23.2 Million+** Period Supplies Annually
and Serve **108,000+** Women and Girls Monthly



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Idaho

STATE FACT SHEET ON PERIOD POVERTY

In **Idaho**, **1 in 7** women and girls between the age of 12 and 44 live below the Federal Poverty Line.

Period Supplies Help Students Stay in School

1 in 4 teens in the US has missed class due to lack of access to period supplies. In Idaho, **51%** of female students in public school grades 7 to 12 attend Title I Eligible schools.

Period Supplies Are Necessities, Not Luxuries

Sales taxes on period supplies place an unequal burden on individuals who menstruate. **26** states tax period supplies. In Idaho, period supplies **are** taxed.

Idaho Menstruators Need Period Supplies

- 378,469** women and girls between the ages 12 to 44 live in Idaho. Of those, **1 in 7** live below the Federal Poverty Line (FPL).
- 57,678** women and girls between the ages 12 to 44 live below 100% of the FPL. Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.
- 72,900** women between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan. While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.
- 7,484** women participate in the Women, Infants, and Children (WIC) Program. Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

Idaho has 1 Allied Program distributing period supplies.*

The Alliance for Period supplies is working to end period poverty by providing menstruators with worry-free days.**

* 2021 Figures

** Number of days Allied Programs provided menstruators with the recommended daily supply of period products in 2021.



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United States

NATIONAL FACT SHEET ON PERIOD POVERTY

2 in 5 Women Struggles to Purchase Period Products Due to a Lack of Income.

Alliance for Period Supplies works throughout the US to ensure that individuals in need have access to the essential period products they require to participate fully in daily life. Our Allied Programs nationwide collect, warehouse, and distribute menstrual products in local communities.

Women in the Workforce

Nearly **3 in 10** women ages 20 or older were unemployed in February 2022 and had been looking for work for six months or longer.

Women Missing Work & School

One-third of low-income women reports missing work, school or similar commitments due to lack of access to period supplies.

Distributing Donated Product

Allied Programs distributed **19.7 million+** pads and tampons & **3.5 million+** liners in 2021.

Improving Lives

Period supplies from Allied Programs provided **4.9 million+** worry-free days & **3.5 million+** confident days in 2021.

70.3 Million

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Of those, **1 in 6** lives below the Federal Poverty Line (FPL).

11.3 Million

women and girls between the ages 12 to 44 live below 100% of the FPL.
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15.7 Million

women and girls between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan.
While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.

1.6 Million

women participate in the Women, Infants, and Children (WIC) Program.
Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

120+ Allied Programs Distribute **23.2 Million+** Period Supplies Annually
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Illinois

STATE FACT SHEET ON PERIOD POVERTY

In **Illinois**, **1 in 7** women and girls between the age of 12 and 44 live below the Federal Poverty Line.

Period Supplies Help Students Stay in School

1 in 4 teens in the US has missed class due to lack of access to period supplies. In Illinois, **0%** of female students in public school grades 7 to 12 attend Title I Eligible schools.

Period Supplies Are Necessities, Not Luxuries

Sales taxes on period supplies place an unequal burden on individuals who menstruate. **26** states tax period supplies. In Illinois, period supplies **are not** taxed.

Illinois Menstruators Need Period Supplies

2,757,029

women and girls between the ages 12 to 44 live in Illinois. Of those, **1 in 7** live below the Federal Poverty Line (FPL).

409,177

women and girls between the ages 12 to 44 live below 100% of the FPL. Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.

499,000

women between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan. While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.

45,999

women participate in the Women, Infants, and Children (WIC) Program. Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

Illinois's 5 Allied Programs distributed more than

638,164 pads and tampons*
& **195,884** liners*

Allied Programs Provided menstruators with

159,541 worry-free days**

* 2021 Figures

** Number of days Allied Programs provided menstruators with the recommended daily supply of period products in 2021.



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United States

NATIONAL FACT SHEET ON PERIOD POVERTY

2 in 5 Women Struggles to Purchase Period Products Due to a Lack of Income.

Alliance for Period Supplies works throughout the US to ensure that individuals in need have access to the essential period products they require to participate fully in daily life. Our Allied Programs nationwide collect, warehouse, and distribute menstrual products in local communities.

Women in the Workforce

Nearly **3 in 10** women ages 20 or older were unemployed in February 2022 and had been looking for work for six months or longer.

Women Missing Work & School

One-third of low-income women reports missing work, school or similar commitments due to lack of access to period supplies.

Distributing Donated Product

Allied Programs distributed **19.7 million+** pads and tampons & **3.5 million+** liners in 2021.

Improving Lives

Period supplies from Allied Programs provided **4.9 million+** worry-free days & **3.5 million+** confident days in 2021.

70.3 Million

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Of those, **1 in 6** lives below the Federal Poverty Line (FPL).

11.3 Million

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15.7 Million

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120+ Allied Programs Distribute **23.2 Million+** Period Supplies Annually
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Indiana

STATE FACT SHEET ON PERIOD POVERTY

In **Indiana**, **1 in 6** women and girls between the age of 12 and 44 live below the Federal Poverty Line.

Period Supplies Help Students Stay in School

1 in 4 teens in the US has missed class due to lack of access to period supplies.

In Indiana, **89%** of female students in public school grades 7 to 12 attend Title I Eligible schools.

Period Supplies Are Necessities, Not Luxuries

Sales taxes on period supplies place an unequal burden on individuals who menstruate.

26 states tax period supplies. In Indiana, period supplies **are** taxed.

Indiana Menstruators Need Period Supplies

1,435,947 women and girls between the ages 12 to 44 live in Indiana. Of those, **1 in 6** live below the Federal Poverty Line (FPL).

237,429 women and girls between the ages 12 to 44 live below 100% of the FPL. Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.

338,900 women between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan. While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.

36,567 women participate in the Women, Infants, and Children (WIC) Program. Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

Indiana's 2 Allied Programs distributed more than

84,420 pads and tampons*
& **35,736** liners*

Allied Programs Provided menstruators with

21,105 worry-free days**

* 2021 Figures

** Number of days Allied Programs provided menstruators with the recommended daily supply of period products in 2021.



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United States

NATIONAL FACT SHEET ON PERIOD POVERTY

2 in 5 Women Struggles to Purchase Period Products Due to a Lack of Income.

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Women in the Workforce

Nearly **3 in 10** women ages 20 or older were unemployed in February 2022 and had been looking for work for six months or longer.

Women Missing Work & School

One-third of low-income women reports missing work, school or similar commitments due to lack of access to period supplies.

Distributing Donated Product

Allied Programs distributed **19.7 million+** pads and tampons & **3.5 million+** liners in 2021.

Improving Lives

Period supplies from Allied Programs provided **4.9 million+** worry-free days & **3.5 million+** confident days in 2021.

70.3 Million

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Iowa

STATE FACT SHEET ON PERIOD POVERTY

In **Iowa**, **1 in 7** women and girls between the age of 12 and 44 live below the Federal Poverty Line.

Period Supplies Help Students Stay in School

1 in 4 teens in the US has missed class due to lack of access to period supplies. In Iowa, **91%** of female students in public school grades 7 to 12 attend Title I Eligible schools.

Period Supplies Are Necessities, Not Luxuries

Sales taxes on period supplies place an unequal burden on individuals who menstruate. **26** states tax period supplies. In Iowa, period supplies **are** taxed.

Iowa Menstruators Need Period Supplies

658,500

women and girls between the ages 12 to 44 live in Iowa. Of those, **1 in 7** live below the Federal Poverty Line (FPL).

100,300

women and girls between the ages 12 to 44 live below 100% of the FPL. Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.

139,900

women between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan. While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.

14,246

women participate in the Women, Infants, and Children (WIC) Program. Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

Iowa has 1 Allied Program distributing period supplies.*

The Alliance for Period supplies is working to end period poverty by providing menstruators with worry-free days.**

* 2021 Figures

** Number of days Allied Programs provided menstruators with the recommended daily supply of period products in 2021.



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United States

NATIONAL FACT SHEET ON PERIOD POVERTY

2 in 5 Women Struggles to Purchase Period Products Due to a Lack of Income.

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Women in the Workforce

Nearly **3 in 10** women ages 20 or older were unemployed in February 2022 and had been looking for work for six months or longer.

Women Missing Work & School

One-third of low-income women reports missing work, school or similar commitments due to lack of access to period supplies.

Distributing Donated Product

Allied Programs distributed **19.7 million+** pads and tampons & **3.5 million+** liners in 2021.

Improving Lives

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15.7 Million

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1.6 Million

women participate in the Women, Infants, and Children (WIC) Program.
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Kansas

STATE FACT SHEET ON PERIOD POVERTY

In **Kansas**, **1 in 7** women and girls between the age of 12 and 44 live below the Federal Poverty Line.

Period Supplies Help Students Stay in School

1 in 4 teens in the US has missed class due to lack of access to period supplies. In Kansas, **75%** of female students in public school grades 7 to 12 attend Title I Eligible schools.

Period Supplies Are Necessities, Not Luxuries

Sales taxes on period supplies place an unequal burden on individuals who menstruate. **26** states tax period supplies. In Kansas, period supplies **are** taxed.

Kansas Menstruators Need Period Supplies

620,998

women and girls between the ages 12 to 44 live in Kansas. Of those, **1 in 7** live below the Federal Poverty Line (FPL).

94,003

women and girls between the ages 12 to 44 live below 100% of the FPL. Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.

70,900

women between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan. While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.

12,476

women participate in the Women, Infants, and Children (WIC) Program. Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

Kansas has 1 Allied Program distributing period supplies.*

The Alliance for Period supplies is working to end period poverty by providing menstruators with worry-free days.**

* 2021 Figures

** Number of days Allied Programs provided menstruators with the recommended daily supply of period products in 2021.



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Alliance for Period Supplies raises national awareness of period poverty and supports the development and expansion of period supply programs in communities throughout the country.



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United States

NATIONAL FACT SHEET ON PERIOD POVERTY

2 in 5 Women Struggles to Purchase Period Products Due to a Lack of Income.

Alliance for Period Supplies works throughout the US to ensure that individuals in need have access to the essential period products they require to participate fully in daily life. Our Allied Programs nationwide collect, warehouse, and distribute menstrual products in local communities.

Women in the Workforce

Nearly **3 in 10** women ages 20 or older were unemployed in February 2022 and had been looking for work for six months or longer.

Women Missing Work & School

One-third of low-income women reports missing work, school or similar commitments due to lack of access to period supplies.

Distributing Donated Product

Allied Programs distributed **19.7 million+** pads and tampons & **3.5 million+** liners in 2021.

Improving Lives

Period supplies from Allied Programs provided **4.9 million+** worry-free days & **3.5 million+** confident days in 2021.

70.3 Million

women and girls between the ages 12 to 44 live in the United States.
Of those, **1 in 6** lives below the Federal Poverty Line (FPL).

11.3 Million

women and girls between the ages 12 to 44 live below 100% of the FPL.
Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.

15.7 Million

women and girls between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan.
While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.

1.6 Million

women participate in the Women, Infants, and Children (WIC) Program.
Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

120+ Allied Programs Distribute **23.2 Million+** Period Supplies Annually
and Serve **108,000+** Women and Girls Monthly



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Kentucky

STATE FACT SHEET ON PERIOD POVERTY

In **Kentucky**, **1 in 5** women and girls between the age of 12 and 44 live below the Federal Poverty Line.

Period Supplies Help Students Stay in School

1 in 4 teens in the US has missed class due to lack of access to period supplies. In Kentucky, **88%** of female students in public school grades 7 to 12 attend Title I Eligible schools.

Period Supplies Are Necessities, Not Luxuries

Sales taxes on period supplies place an unequal burden on individuals who menstruate. **26** states tax period supplies. In Kentucky, period supplies **are** taxed.

Kentucky Menstruators Need Period Supplies

936,101

women and girls between the ages 12 to 44 live in Kentucky. Of those, **1 in 5** live below the Federal Poverty Line (FPL).

186,688

women and girls between the ages 12 to 44 live below 100% of the FPL. Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.

298,900

women between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan. While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.

23,400

women participate in the Women, Infants, and Children (WIC) Program. Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

Kentucky has 1 Allied Program distributing period supplies.*

The Alliance for Period supplies is working to end period poverty by providing menstruators with worry-free days.**

* 2021 Figures

** Number of days Allied Programs provided menstruators with the recommended daily supply of period products in 2021.



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United States

NATIONAL FACT SHEET ON PERIOD POVERTY

2 in 5 Women Struggles to Purchase Period Products Due to a Lack of Income.

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Women in the Workforce

Nearly **3 in 10** women ages 20 or older were unemployed in February 2022 and had been looking for work for six months or longer.

Women Missing Work & School

One-third of low-income women reports missing work, school or similar commitments due to lack of access to period supplies.

Distributing Donated Product

Allied Programs distributed **19.7 million+** pads and tampons & **3.5 million+** liners in 2021.

Improving Lives

Period supplies from Allied Programs provided **4.9 million+** worry-free days & **3.5 million+** confident days in 2021.

70.3 Million

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11.3 Million

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15.7 Million

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1.6 Million

women participate in the Women, Infants, and Children (WIC) Program.
Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

120+ Allied Programs Distribute **23.2 Million+** Period Supplies Annually
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Louisiana

STATE FACT SHEET ON PERIOD POVERTY

In **Louisiana**, **2 in 9** women and girls between the age of 12 and 44 live below the Federal Poverty Line.

Period Supplies Help Students Stay in School

1 in 4 teens in the US has missed class due to lack of access to period supplies.

In Louisiana, **82%** of female students in public school grades 7 to 12 attend Title I Eligible schools.

Period Supplies Are Necessities, Not Luxuries

Sales taxes on period supplies place an unequal burden on individuals who menstruate.

26 states tax period supplies.

In Louisiana, period supplies **are not** taxed.

Louisiana Menstruators Need Period Supplies

1,018,772

women and girls between the ages 12 to 44 live in Louisiana.

Of those, **1 in 9** live below the Federal Poverty Line (FPL).

231,823

women and girls between the ages 12 to 44 live below 100% of the FPL.

Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.

384,700

women between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan.

While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.

27,443

women participate in the Women, Infants, and Children (WIC) Program.

Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

Louisiana's 3 Allied Programs distributed more than

83,527 pads and tampons*
& **20,816** liners*

Allied Programs Provided menstruators with

20,882 worry-free days**

* 2021 Figures

** Number of days Allied Programs provided menstruators with the recommended daily supply of period products in 2021.



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United States

NATIONAL FACT SHEET ON PERIOD POVERTY

2 in 5 Women Struggles to Purchase Period Products Due to a Lack of Income.

Alliance for Period Supplies works throughout the US to ensure that individuals in need have access to the essential period products they require to participate fully in daily life. Our Allied Programs nationwide collect, warehouse, and distribute menstrual products in local communities.

Women in the Workforce

Nearly **3 in 10** women ages 20 or older were unemployed in February 2022 and had been looking for work for six months or longer.

Women Missing Work & School

One-third of low-income women reports missing work, school or similar commitments due to lack of access to period supplies.

Distributing Donated Product

Allied Programs distributed **19.7 million+** pads and tampons & **3.5 million+** liners in 2021.

Improving Lives

Period supplies from Allied Programs provided **4.9 million+** worry-free days & **3.5 million+** confident days in 2021.

70.3 Million

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11.3 Million

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15.7 Million

women and girls between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan.
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1.6 Million

women participate in the Women, Infants, and Children (WIC) Program.
Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

120+ Allied Programs Distribute **23.2 Million+** Period Supplies Annually
and Serve **108,000+** Women and Girls Monthly



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Maine

STATE FACT SHEET ON PERIOD POVERTY

In **Maine**, **1 in 7** women and girls between the age of 12 and 44 live below the Federal Poverty Line.

Period Supplies Help Students Stay in School

1 in 4 teens in the US has missed class due to lack of access to period supplies.

In Maine, **80%** of female students in public school grades 7 to 12 attend Title I Eligible schools.

Period Supplies Are Necessities, Not Luxuries

Sales taxes on period supplies place an unequal burden on individuals who menstruate.

26 states tax period supplies.

In Maine, period supplies **are not** taxed.

Maine Menstruators Need Period Supplies

253,790 women and girls between the ages 12 to 44 live in Maine. Of those, **1 in 7** live below the Federal Poverty Line (FPL).

34,362 women and girls between the ages 12 to 44 live below 100% of the FPL. Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.

62,300 women between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan. While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.

3,271 women participate in the Women, Infants, and Children (WIC) Program. Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

Maine's 2 Allied Programs distributed more than

86,344 pads and tampons*
& **2,304** liners*

Allied Programs Provided menstruators with

21,586 worry-free days**

* 2021 Figures

** Number of days Allied Programs provided menstruators with the recommended daily supply of period products in 2021.



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United States

NATIONAL FACT SHEET ON PERIOD POVERTY

2 in 5 Women Struggles to Purchase Period Products Due to a Lack of Income.

Alliance for Period Supplies works throughout the US to ensure that individuals in need have access to the essential period products they require to participate fully in daily life. Our Allied Programs nationwide collect, warehouse, and distribute menstrual products in local communities.

Women in the Workforce

Nearly **3 in 10** women ages 20 or older were unemployed in February 2022 and had been looking for work for six months or longer.

Women Missing Work & School

One-third of low-income women reports missing work, school or similar commitments due to lack of access to period supplies.

Distributing Donated Product

Allied Programs distributed **19.7 million+** pads and tampons & **3.5 million+** liners in 2021.

Improving Lives

Period supplies from Allied Programs provided **4.9 million+** worry-free days & **3.5 million+** confident days in 2021.

70.3 Million

women and girls between the ages 12 to 44 live in the United States.
Of those, **1 in 6** lives below the Federal Poverty Line (FPL).

11.3 Million

women and girls between the ages 12 to 44 live below 100% of the FPL.
Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.

15.7 Million

women and girls between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan.
While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.

1.6 Million

women participate in the Women, Infants, and Children (WIC) Program.
Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

120+ Allied Programs Distribute **23.2 Million+** Period Supplies Annually
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Maryland

STATE FACT SHEET ON PERIOD POVERTY

In **Maryland**, **1 in 9** women and girls between the age of 12 and 44 live below the Federal Poverty Line.

Period Supplies Help Students Stay in School

1 in 4 teens in the US has missed class due to lack of access to period supplies.

In Maryland, **46%** of female students in public school grades 7 to 12 attend Title I Eligible schools.

Period Supplies Are Necessities, Not Luxuries

Sales taxes on period supplies place an unequal burden on individuals who menstruate.

26 states tax period supplies.

In Maryland, period supplies **are not** taxed.

Maryland Menstruators Need Period Supplies

1,301,889

women and girls between the ages 12 to 44 live in Maryland.

Of those, **1 in 9** live below the Federal Poverty Line (FPL).

141,423

women and girls between the ages 12 to 44 live below 100% of the FPL.

Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.

267,900

women between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan.

While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.

28,920

women participate in the Women, Infants, and Children (WIC) Program.

Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

Maryland's 4 Allied Programs distributed more than

260,648 pads and tampons*
& **68,325** liners*

Allied Programs Provided menstruators with

65,162 worry-free days**

* 2021 Figures

** Number of days Allied Programs provided menstruators with the recommended daily supply of period products in 2021.



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United States

NATIONAL FACT SHEET ON PERIOD POVERTY

2 in 5 Women Struggles to Purchase Period Products Due to a Lack of Income.

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Women in the Workforce

Nearly **3 in 10** women ages 20 or older were unemployed in February 2022 and had been looking for work for six months or longer.

Women Missing Work & School

One-third of low-income women reports missing work, school or similar commitments due to lack of access to period supplies.

Distributing Donated Product

Allied Programs distributed **19.7 million+** pads and tampons & **3.5 million+** liners in 2021.

Improving Lives

Period supplies from Allied Programs provided **4.9 million+** worry-free days & **3.5 million+** confident days in 2021.

70.3 Million

women and girls between the ages 12 to 44 live in the United States.
Of those, **1 in 6** lives below the Federal Poverty Line (FPL).

11.3 Million

women and girls between the ages 12 to 44 live below 100% of the FPL.
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15.7 Million

women and girls between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan.
While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.

1.6 Million

women participate in the Women, Infants, and Children (WIC) Program.
Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

120+ Allied Programs Distribute **23.2 Million+** Period Supplies Annually
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Massachusetts

STATE FACT SHEET ON PERIOD POVERTY

In **Massachusetts**, **1 in 9** women and girls between the age of 12 and 44 lives below the Federal Poverty Line.

Period Supplies Help Students Stay in School

1 in 4 teens in the US has missed class due to lack of access to period supplies.

In Massachusetts, **46%** of female students in public school grades 7 to 12 attend Title I Eligible schools.

Period Supplies Are Necessities, Not Luxuries

Sales taxes on period supplies place an unequal burden on individuals who menstruate.

26 states tax period supplies. In Massachusetts, period supplies **are not** taxed.

Massachusetts Menstruators Need Period Supplies

1,504,468

women and girls between the ages 12 to 44 live in Massachusetts. Of those, **1 in 9** live below the Federal Poverty Line (FPL).

172,718

women and girls between the ages 12 to 44 live below 100% of the FPL. Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.

473,200

women between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan. While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.

25,104

women participate in the Women, Infants, and Children (WIC) Program. Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

Massachusetts's 4 Allied Programs distributed more than

1,907,019 pads and tampons*
& **71,348** liners*

Allied Programs Provided menstruators with

476,755 worry-free days**

* 2021 Figures

** Number of days Allied Programs provided menstruators with the recommended daily supply of period products in 2021.



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United States

NATIONAL FACT SHEET ON PERIOD POVERTY

2 in 5 Women Struggles to Purchase Period Products Due to a Lack of Income.

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Women in the Workforce

Nearly **3 in 10** women ages 20 or older were unemployed in February 2022 and had been looking for work for six months or longer.

Women Missing Work & School

One-third of low-income women reports missing work, school or similar commitments due to lack of access to period supplies.

Distributing Donated Product

Allied Programs distributed **19.7 million+** pads and tampons & **3.5 million+** liners in 2021.

Improving Lives

Period supplies from Allied Programs provided **4.9 million+** worry-free days & **3.5 million+** confident days in 2021.

70.3 Million

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Of those, **1 in 6** lives below the Federal Poverty Line (FPL).

11.3 Million

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15.7 Million

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1.6 Million

women participate in the Women, Infants, and Children (WIC) Program.
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Michigan

STATE FACT SHEET ON PERIOD POVERTY

In **Michigan, 1 in 6** women and girls between the age of 12 and 44 live below the Federal Poverty Line.

Period Supplies Help Students Stay in School

1 in 4 teens in the US has missed class due to lack of access to period supplies. In Michigan, **61%** of female students in public school grades 7 to 12 attend Title I Eligible schools.

Period Supplies Are Necessities, Not Luxuries

Sales taxes on period supplies place an unequal burden on individuals who menstruate. **26** states tax period supplies. In Michigan, period supplies **are not** taxed.

Michigan Menstruators Need Period Supplies

- 2,060,389** women and girls between the ages 12 to 44 live in Michigan. Of those, **1 in 6** live below the Federal Poverty Line (FPL).
- 359,755** women and girls between the ages 12 to 44 live below 100% of the FPL. Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.
- 641,200** women between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan. While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.
- 46,316** women participate in the Women, Infants, and Children (WIC) Program. Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

Michigan's 7 Allied Programs distributed more than

1,093,040 pads and tampons*
& **229,190** liners*

Allied Programs Provided menstruators with

273,260 worry-free days**

* 2021 Figures

** Number of days Allied Programs provided menstruators with the recommended daily supply of period products in 2021.



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United States

NATIONAL FACT SHEET ON PERIOD POVERTY

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Women in the Workforce

Nearly **3 in 10** women ages 20 or older were unemployed in February 2022 and had been looking for work for six months or longer.

Women Missing Work & School

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Distributing Donated Product

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Minnesota

STATE FACT SHEET ON PERIOD POVERTY

In **Minnesota**, **1 in 9** women and girls between the age of 12 and 44 live below the Federal Poverty Line.

Period Supplies Help Students Stay in School

1 in 4 teens in the US has missed class due to lack of access to period supplies.

In Minnesota, **93%** of female students in public school grades 7 to 12 attend Title I Eligible schools.

Period Supplies Are Necessities, Not Luxuries

Sales taxes on period supplies place an unequal burden on individuals who menstruate.

26 states tax period supplies.

In Minnesota, period supplies **are not** taxed.

Minnesota Menstruators Need Period Supplies

1,184,718

women and girls between the ages 12 to 44 live in Minnesota.
Of those, **1 in 9** live below the Federal Poverty Line (FPL).

138,506

women and girls between the ages 12 to 44 live below 100% of the FPL.
Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.

160,300

women between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan.
While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.

23,600

women participate in the Women, Infants, and Children (WIC) Program.
Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

Minnesota has 1 Allied Program distributing period supplies.*

The Alliance for Period supplies is working to end period poverty by providing menstruators with worry-free days.**

* 2021 Figures

** Number of days Allied Programs provided menstruators with the recommended daily supply of period products in 2021.



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United States

NATIONAL FACT SHEET ON PERIOD POVERTY

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Women Missing Work & School

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Mississippi

STATE FACT SHEET ON PERIOD POVERTY

In **Mississippi**, **1 in 4** women and girls between the age of 12 and 44 live below the Federal Poverty Line.

Period Supplies Help Students Stay in School

1 in 4 teens in the US has missed class due to lack of access to period supplies. In Mississippi, **87%** of female students in public school grades 7 to 12 attend Title I Eligible schools.

Period Supplies Are Necessities, Not Luxuries

Sales taxes on period supplies place an unequal burden on individuals who menstruate. **26** states tax period supplies. In Mississippi, period supplies **are** taxed.

Mississippi Menstruators Need Period Supplies

- 650,542** women and girls between the ages 12 to 44 live in Mississippi. Of those, **1 in 4** live below the Federal Poverty Line (FPL).
- 155,232** women and girls between the ages 12 to 44 live below 100% of the FPL. Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.
- 119,900** women between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan. While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.
- 19,005** women participate in the Women, Infants, and Children (WIC) Program. Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

Mississippi has 1 Allied Program distributing period supplies.*

The Alliance for Period supplies is working to end period poverty by providing menstruators with worry-free days.**

* 2021 Figures

** Number of days Allied Programs provided menstruators with the recommended daily supply of period products in 2021.



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Alliance for Period Supplies raises national awareness of period poverty and supports the development and expansion of period supply programs in communities throughout the country.



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United States

NATIONAL FACT SHEET ON PERIOD POVERTY

2 in 5 Women Struggles to Purchase Period Products Due to a Lack of Income.

Alliance for Period Supplies works throughout the US to ensure that individuals in need have access to the essential period products they require to participate fully in daily life. Our Allied Programs nationwide collect, warehouse, and distribute menstrual products in local communities.

Women in the Workforce

Nearly **3 in 10** women ages 20 or older were unemployed in February 2022 and had been looking for work for six months or longer.

Women Missing Work & School

One-third of low-income women reports missing work, school or similar commitments due to lack of access to period supplies.

Distributing Donated Product

Allied Programs distributed **19.7 million+** pads and tampons & **3.5 million+** liners in 2021.

Improving Lives

Period supplies from Allied Programs provided **4.9 million+** worry-free days & **3.5 million+** confident days in 2021.

70.3 Million

women and girls between the ages 12 to 44 live in the United States.
Of those, **1 in 6** lives below the Federal Poverty Line (FPL).

11.3 Million

women and girls between the ages 12 to 44 live below 100% of the FPL.
Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.

15.7 Million

women and girls between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan.
While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.

1.6 Million

women participate in the Women, Infants, and Children (WIC) Program.
Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

120+ Allied Programs Distribute **23.2 Million+** Period Supplies Annually
and Serve **108,000+** Women and Girls Monthly



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Missouri

STATE FACT SHEET ON PERIOD POVERTY

In **Missouri**, **1 in 6** women and girls between the age of 12 and 44 live below the Federal Poverty Line.

Period Supplies Help Students Stay in School

1 in 4 teens in the US has missed class due to lack of access to period supplies. In Missouri, **76%** of female students in public school grades 7 to 12 attend Title I Eligible schools.

Period Supplies Are Necessities, Not Luxuries

Sales taxes on period supplies place an unequal burden on individuals who menstruate. **26** states tax period supplies. In Missouri, period supplies **are** taxed.

Missouri Menstruators Need Period Supplies

1,292,815

women and girls between the ages 12 to 44 live in Missouri. Of those, **1 in 6** live below the Federal Poverty Line (FPL).

207,978

women and girls between the ages 12 to 44 live below 100% of the FPL. Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.

146,600

women between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan. While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.

26,796

women participate in the Women, Infants, and Children (WIC) Program. Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

Missouri's 3 Allied Programs distributed more than

347,192 pads and tampons*
& **84,043** liners*

Allied Programs Provided menstruators with

86,798 worry-free days**

* 2021 Figures

** Number of days Allied Programs provided menstruators with the recommended daily supply of period products in 2021.



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United States

NATIONAL FACT SHEET ON PERIOD POVERTY

2 in 5 Women Struggles to Purchase Period Products Due to a Lack of Income.

Alliance for Period Supplies works throughout the US to ensure that individuals in need have access to the essential period products they require to participate fully in daily life. Our Allied Programs nationwide collect, warehouse, and distribute menstrual products in local communities.

Women in the Workforce

Nearly **3 in 10** women ages 20 or older were unemployed in February 2022 and had been looking for work for six months or longer.

Women Missing Work & School

One-third of low-income women reports missing work, school or similar commitments due to lack of access to period supplies.

Distributing Donated Product

Allied Programs distributed **19.7 million+** pads and tampons & **3.5 million+** liners in 2021.

Improving Lives

Period supplies from Allied Programs provided **4.9 million+** worry-free days & **3.5 million+** confident days in 2021.

70.3 Million

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11.3 Million

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15.7 Million

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1.6 Million

women participate in the Women, Infants, and Children (WIC) Program.
Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

120+ Allied Programs Distribute **23.2 Million+** Period Supplies Annually
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Montana

STATE FACT SHEET ON PERIOD POVERTY

In **Montana**, **1 in 6** women and girls between the age of 12 and 44 live below the Federal Poverty Line.

Period Supplies Help Students Stay in School

1 in 4 teens in the US has missed class due to lack of access to period supplies. In Montana, **81%** of female students in public school grades 7 to 12 attend Title I Eligible schools.

Period Supplies Are Necessities, Not Luxuries

Sales taxes on period supplies place an unequal burden on individuals who menstruate. **26** states tax period supplies. In Montana, period supplies **are not** taxed.

Montana Menstruators Need Period Supplies

213,632

women and girls between the ages 12 to 44 live in Montana. Of those, **1 in 6** live below the Federal Poverty Line (FPL).

34,979

women and girls between the ages 12 to 44 live below 100% of the FPL. Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.

57,100

women between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan. While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.

3,055

women participate in the Women, Infants, and Children (WIC) Program. Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

Montana Needs Help Ending Period Poverty*

Montana has 0 Alliance for Period Supplies-member programs. Consider starting a period supply program today!

* 2021 Figures

** Number of days Allied Programs provided menstruators with the recommended daily supply of period products in 2021.



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United States

NATIONAL FACT SHEET ON PERIOD POVERTY

2 in 5 Women Struggles to Purchase Period Products Due to a Lack of Income.

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Women in the Workforce

Nearly **3 in 10** women ages 20 or older were unemployed in February 2022 and had been looking for work for six months or longer.

Women Missing Work & School

One-third of low-income women reports missing work, school or similar commitments due to lack of access to period supplies.

Distributing Donated Product

Allied Programs distributed **19.7 million+** pads and tampons & **3.5 million+** liners in 2021.

Improving Lives

Period supplies from Allied Programs provided **4.9 million+** worry-free days & **3.5 million+** confident days in 2021.

70.3 Million

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11.3 Million

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15.7 Million

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1.6 Million

women participate in the Women, Infants, and Children (WIC) Program.
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120+ Allied Programs Distribute **23.2 Million+** Period Supplies Annually
and Serve **108,000+** Women and Girls Monthly



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Nebraska

STATE FACT SHEET ON PERIOD POVERTY

In **Nebraska**, **1 in 8** women and girls between the age of 12 and 44 live below the Federal Poverty Line.

Period Supplies Help Students Stay in School

1 in 4 teens in the US has missed class due to lack of access to period supplies.

In Nebraska, **15%** of female students in public school grades 7 to 12 attend Title I Eligible schools.

Period Supplies Are Necessities, Not Luxuries

Sales taxes on period supplies place an unequal burden on individuals who menstruate.

26 states tax period supplies.

In Nebraska, period supplies **are** taxed.

Nebraska Menstruators Need Period Supplies

412,694

women and girls between the ages 12 to 44 live in Nebraska.

Of those, **1 in 8** live below the Federal Poverty Line (FPL).

54,018

women and girls between the ages 12 to 44 live below 100% of the FPL.

Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.

55,600

women between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan.

While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.

7,981

women participate in the Women, Infants, and Children (WIC) Program.

Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

Nebraska Needs Help Ending Period Poverty*

Nebraska has 0 Alliance for Period Supplies-member programs.

Consider starting a period supply program today!

* 2021 Figures

** Number of days Allied Programs provided menstruators with the recommended daily supply of period products in 2021.



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United States

NATIONAL FACT SHEET ON PERIOD POVERTY

2 in 5 Women Struggles to Purchase Period Products Due to a Lack of Income.

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Women in the Workforce

Nearly **3 in 10** women ages 20 or older were unemployed in February 2022 and had been looking for work for six months or longer.

Women Missing Work & School

One-third of low-income women reports missing work, school or similar commitments due to lack of access to period supplies.

Distributing Donated Product

Allied Programs distributed **19.7 million+** pads and tampons & **3.5 million+** liners in 2021.

Improving Lives

Period supplies from Allied Programs provided **4.9 million+** worry-free days & **3.5 million+** confident days in 2021.

70.3 Million

women and girls between the ages 12 to 44 live in the United States.
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11.3 Million

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15.7 Million

women and girls between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan.
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1.6 Million

women participate in the Women, Infants, and Children (WIC) Program.
Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

120+ Allied Programs Distribute **23.2 Million+** Period Supplies Annually
and Serve **108,000+** Women and Girls Monthly



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Nevada

STATE FACT SHEET ON PERIOD POVERTY

In **Nevada**, **1 in 7** women and girls between the age of 12 and 44 live below the Federal Poverty Line.

Period Supplies Help Students Stay in School

1 in 4 teens in the US has missed class due to lack of access to period supplies.

In Nevada, **71%** of female students in public school grades 7 to 12 attend Title I Eligible schools.

Period Supplies Are Necessities, Not Luxuries

Sales taxes on period supplies place an unequal burden on individuals who menstruate.

26 states tax period supplies.

In Nevada, period supplies **are not** taxed.

Nevada Menstruators Need Period Supplies

652,453

women and girls between the ages 12 to 44 live in Nevada.

Of those, **1 in 7** live below the Federal Poverty Line (FPL).

100,072

women and girls between the ages 12 to 44 live below 100% of the FPL.

Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.

184,400

women between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan.

While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.

14,349

women participate in the Women, Infants, and Children (WIC) Program.

Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

Nevada's 2 Allied Programs distributed more than

390,107 pads and tampons*
& **119,171** liners*

Allied Programs Provided menstruators with

97,527 worry-free days**

* 2021 Figures

** Number of days Allied Programs provided menstruators with the recommended daily supply of period products in 2021.



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United States

NATIONAL FACT SHEET ON PERIOD POVERTY

2 in 5 Women Struggles to Purchase Period Products Due to a Lack of Income.

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Women in the Workforce

Nearly **3 in 10** women ages 20 or older were unemployed in February 2022 and had been looking for work for six months or longer.

Women Missing Work & School

One-third of low-income women reports missing work, school or similar commitments due to lack of access to period supplies.

Distributing Donated Product

Allied Programs distributed **19.7 million+** pads and tampons & **3.5 million+** liners in 2021.

Improving Lives

Period supplies from Allied Programs provided **4.9 million+** worry-free days & **3.5 million+** confident days in 2021.

70.3 Million

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11.3 Million

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15.7 Million

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1.6 Million

women participate in the Women, Infants, and Children (WIC) Program.
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120+ Allied Programs Distribute **23.2 Million+** Period Supplies Annually
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New Hampshire

STATE FACT SHEET ON PERIOD POVERTY

In **New Hampshire**, **1 in 9** women and girls between the age of 12 and 44 lives below the Federal Poverty Line.

Period Supplies Help Students Stay in School

1 in 4 teens in the US has missed class due to lack of access to period supplies.

In New Hampshire, **88%** of female students in public school grades 7 to 12 attend Title I Eligible schools.

Period Supplies Are Necessities, Not Luxuries

Sales taxes on period supplies place an unequal burden on individuals who menstruate.

26 states tax period supplies. In New Hampshire, period supplies **are not** taxed.

New Hampshire Menstruators Need Period Supplies

268,018 women and girls between the ages 12 to 44 live in New Hampshire. Of those, **1 in 9** live below the Federal Poverty Line (FPL).

25,904 women and girls between the ages 12 to 44 live below 100% of the FPL. Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.

37,300 women between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan. While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.

2,854 women participate in the Women, Infants, and Children (WIC) Program. Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

New Hampshire Needs Help Ending Period Poverty*

New Hampshire has 0 Alliance for Period Supplies-member programs. Consider starting a period supply program today!

* 2021 Figures

** Number of days Allied Programs provided menstruators with the recommended daily supply of period products in 2021.



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United States

NATIONAL FACT SHEET ON PERIOD POVERTY

2 in 5 Women Struggles to Purchase Period Products Due to a Lack of Income.

Alliance for Period Supplies works throughout the US to ensure that individuals in need have access to the essential period products they require to participate fully in daily life. Our Allied Programs nationwide collect, warehouse, and distribute menstrual products in local communities.

Women in the Workforce

Nearly **3 in 10** women ages 20 or older were unemployed in February 2022 and had been looking for work for six months or longer.

Women Missing Work & School

One-third of low-income women reports missing work, school or similar commitments due to lack of access to period supplies.

Distributing Donated Product

Allied Programs distributed **19.7 million+** pads and tampons & **3.5 million+** liners in 2021.

Improving Lives

Period supplies from Allied Programs provided **4.9 million+** worry-free days & **3.5 million+** confident days in 2021.

70.3 Million

women and girls between the ages 12 to 44 live in the United States.
Of those, **1 in 6** lives below the Federal Poverty Line (FPL).

11.3 Million

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15.7 Million

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1.6 Million

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120+ Allied Programs Distribute **23.2 Million+** Period Supplies Annually
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New Jersey

STATE FACT SHEET ON PERIOD POVERTY

In **New Jersey**, **1 in 9** women and girls between the age of 12 and 44 live below the Federal Poverty Line.

Period Supplies Help Students Stay in School

1 in 4 teens in the US has missed class due to lack of access to period supplies. In New Jersey, **68%** of female students in public school grades 7 to 12 attend Title I Eligible schools.

Period Supplies Are Necessities, Not Luxuries

Sales taxes on period supplies place an unequal burden on individuals who menstruate. **26** states tax period supplies. In New Jersey, period supplies **are not** taxed.

New Jersey Menstruators Need Period Supplies

- 1,841,982** women and girls between the ages 12 to 44 live in New Jersey. Of those, **1 in 9** live below the Federal Poverty Line (FPL).
- 213,014** women and girls between the ages 12 to 44 live below 100% of the FPL. Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.
- 396,000** women between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan. While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.
- 34,737** women participate in the Women, Infants, and Children (WIC) Program. Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

New Jersey's 4 Allied Programs distributed more than

932,885 pads and tampons*
& **32,197** liners*

Allied Programs Provided menstruators with

233,221 worry-free days**

* 2021 Figures

** Number of days Allied Programs provided menstruators with the recommended daily supply of period products in 2021.



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United States

NATIONAL FACT SHEET ON PERIOD POVERTY

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Women in the Workforce

Nearly **3 in 10** women ages 20 or older were unemployed in February 2022 and had been looking for work for six months or longer.

Women Missing Work & School

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Distributing Donated Product

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New Mexico

STATE FACT SHEET ON PERIOD POVERTY

In **New Mexico**, **2 in 9** women and girls between the age of 12 and 44 live below the Federal Poverty Line.

Period Supplies Help Students Stay in School

1 in 4 teens in the US has missed class due to lack of access to period supplies.

In New Mexico, **84%** of female students in public school grades 7 to 12 attend Title I Eligible schools.

Period Supplies Are Necessities, Not Luxuries

Sales taxes on period supplies place an unequal burden on individuals who menstruate.

26 states tax period supplies.

In New Mexico, period supplies **are** taxed.

New Mexico Menstruators Need Period Supplies

440,156

women and girls between the ages 12 to 44 live in New Mexico.

Of those, **1 in 9** live below the Federal Poverty Line (FPL).

98,915

women and girls between the ages 12 to 44 live below 100% of the FPL.

Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.

172,100

women between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan.

While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.

10,283

women participate in the Women, Infants, and Children (WIC) Program.

Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

New Mexico has 2 Allied Program distributing period supplies.*

The Alliance for Period supplies is working to end period poverty by providing menstruators with worry-free days.**

* 2021 Figures

** Number of days Allied Programs provided menstruators with the recommended daily supply of period products in 2021.



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NATIONAL FACT SHEET ON PERIOD POVERTY

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11.3 Million

women and girls between the ages 12 to 44 live below 100% of the FPL.
Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.

15.7 Million

women and girls between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan.
While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.

1.6 Million

women participate in the Women, Infants, and Children (WIC) Program.
Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

120+ Allied Programs Distribute **23.2 Million+** Period Supplies Annually
and Serve **108,000+** Women and Girls Monthly



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Alliance for Period Supplies raises national awareness of period poverty and supports the development and expansion of period supply programs in communities throughout the country.



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New York

STATE FACT SHEET ON PERIOD POVERTY

In **New York**, **1 in 6** women and girls between the age of 12 and 44 live below the Federal Poverty Line.

Period Supplies Help Students Stay in School

1 in 4 teens in the US has missed class due to lack of access to period supplies.

In New York, **65%** of female students in public school grades 7 to 12 attend Title I Eligible schools.

Period Supplies Are Necessities, Not Luxuries

Sales taxes on period supplies place an unequal burden on individuals who menstruate.

26 states tax period supplies.

In New York, period supplies **are not** taxed.

New York Menstruators Need Period Supplies

4,232,635

women and girls between the ages 12 to 44 live in New York.

Of those, **1 in 6** live below the Federal Poverty Line (FPL).

665,124

women and girls between the ages 12 to 44 live below 100% of the FPL.

Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.

1,438,600

women between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan.

While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.

92,578

women participate in the Women, Infants, and Children (WIC) Program.

Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

New York's 6 Allied Programs distributed more than

243,747 pads and tampons*
& **69,076** liners*

Allied Programs Provided menstruators with

60,937 worry-free days**

* 2021 Figures

** Number of days Allied Programs provided menstruators with the recommended daily supply of period products in 2021.



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United States

NATIONAL FACT SHEET ON PERIOD POVERTY

2 in 5 Women Struggles to Purchase Period Products Due to a Lack of Income.

Alliance for Period Supplies works throughout the US to ensure that individuals in need have access to the essential period products they require to participate fully in daily life. Our Allied Programs nationwide collect, warehouse, and distribute menstrual products in local communities.

Women in the Workforce

Nearly **3 in 10** women ages 20 or older were unemployed in February 2022 and had been looking for work for six months or longer.

Women Missing Work & School

One-third of low-income women reports missing work, school or similar commitments due to lack of access to period supplies.

Distributing Donated Product

Allied Programs distributed **19.7 million+** pads and tampons & **3.5 million+** liners in 2021.

Improving Lives

Period supplies from Allied Programs provided **4.9 million+** worry-free days & **3.5 million+** confident days in 2021.

70.3 Million

women and girls between the ages 12 to 44 live in the United States.
Of those, **1 in 6** lives below the Federal Poverty Line (FPL).

11.3 Million

women and girls between the ages 12 to 44 live below 100% of the FPL.
Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.

15.7 Million

women and girls between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan.
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1.6 Million

women participate in the Women, Infants, and Children (WIC) Program.
Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

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North Carolina

STATE FACT SHEET ON PERIOD POVERTY

In **North Carolina**, **1 in 6** women and girls between the age of 12 and 44 lives below the Federal Poverty Line.

Period Supplies Help Students Stay in School

1 in 4 teens in the US has missed class due to lack of access to period supplies.

In North Carolina, **67%** of female students in public school grades 7 to 12 attend Title I Eligible schools.

Period Supplies Are Necessities, Not Luxuries

Sales taxes on period supplies place an unequal burden on individuals who menstruate.

26 states tax period supplies. In North Carolina, period supplies **are** taxed.

North Carolina Menstruators Need Period Supplies

2,241,805 women and girls between the ages 12 to 44 live in North Carolina. Of those, **1 in 6** live below the Federal Poverty Line (FPL).

383,354 women and girls between the ages 12 to 44 live below 100% of the FPL. Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.

373,800 women between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan. While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.

57,422 women participate in the Women, Infants, and Children (WIC) Program. Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

North Carolina's 3 Allied Programs distributed more than

456,426 pads and tampons*
& **196,993** liners*

Allied Programs Provided menstruators with

114,107 worry-free days**

* 2021 Figures

** Number of days Allied Programs provided menstruators with the recommended daily supply of period products in 2021.



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United States

NATIONAL FACT SHEET ON PERIOD POVERTY

2 in 5 Women Struggles to Purchase Period Products Due to a Lack of Income.

Alliance for Period Supplies works throughout the US to ensure that individuals in need have access to the essential period products they require to participate fully in daily life. Our Allied Programs nationwide collect, warehouse, and distribute menstrual products in local communities.

Women in the Workforce

Nearly **3 in 10** women ages 20 or older were unemployed in February 2022 and had been looking for work for six months or longer.

Women Missing Work & School

One-third of low-income women reports missing work, school or similar commitments due to lack of access to period supplies.

Distributing Donated Product

Allied Programs distributed **19.7 million+** pads and tampons & **3.5 million+** liners in 2021.

Improving Lives

Period supplies from Allied Programs provided **4.9 million+** worry-free days & **3.5 million+** confident days in 2021.

70.3 Million

women and girls between the ages 12 to 44 live in the United States.
Of those, **1 in 6** lives below the Federal Poverty Line (FPL).

11.3 Million

women and girls between the ages 12 to 44 live below 100% of the FPL.
Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.

15.7 Million

women and girls between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan.
While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.

1.6 Million

women participate in the Women, Infants, and Children (WIC) Program.
Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

120+ Allied Programs Distribute **23.2 Million+** Period Supplies Annually
and Serve **108,000+** Women and Girls Monthly



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North Dakota

STATE FACT SHEET ON PERIOD POVERTY

In **North Dakota**, **1 in 7** women and girls between the age of 12 and 44 live below the Federal Poverty Line.

Period Supplies Help Students Stay in School

1 in 4 teens in the US has missed class due to lack of access to period supplies.

In North Dakota, **19%** of female students in public school grades 7 to 12 attend Title I Eligible schools.

Period Supplies Are Necessities, Not Luxuries

Sales taxes on period supplies place an unequal burden on individuals who menstruate.

26 states tax period supplies.

In North Dakota, period supplies **are** taxed.

North Dakota Menstruators Need Period Supplies

163,734 women and girls between the ages 12 to 44 live in North Dakota. Of those, **1 in 7** live below the Federal Poverty Line (FPL).

22,294 women and girls between the ages 12 to 44 live below 100% of the FPL. Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.

20,300 women between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan. While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.

2,447 women participate in the Women, Infants, and Children (WIC) Program. Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

North Dakota Needs Help Ending Period Poverty*

North Dakota has 0 Alliance for Period Supplies-member programs. Consider starting a period supply program today!

* 2021 Figures

** Number of days Allied Programs provided menstruators with the recommended daily supply of period products in 2021.



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United States

NATIONAL FACT SHEET ON PERIOD POVERTY

2 in 5 Women Struggles to Purchase Period Products Due to a Lack of Income.

Alliance for Period Supplies works throughout the US to ensure that individuals in need have access to the essential period products they require to participate fully in daily life. Our Allied Programs nationwide collect, warehouse, and distribute menstrual products in local communities.

Women in the Workforce

Nearly **3 in 10** women ages 20 or older were unemployed in February 2022 and had been looking for work for six months or longer.

Women Missing Work & School

One-third of low-income women reports missing work, school or similar commitments due to lack of access to period supplies.

Distributing Donated Product

Allied Programs distributed **19.7 million+** pads and tampons & **3.5 million+** liners in 2021.

Improving Lives

Period supplies from Allied Programs provided **4.9 million+** worry-free days & **3.5 million+** confident days in 2021.

70.3 Million

women and girls between the ages 12 to 44 live in the United States.
Of those, **1 in 6** lives below the Federal Poverty Line (FPL).

11.3 Million

women and girls between the ages 12 to 44 live below 100% of the FPL.
Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.

15.7 Million

women and girls between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan.
While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.

1.6 Million

women participate in the Women, Infants, and Children (WIC) Program.
Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

120+ Allied Programs Distribute **23.2 Million+** Period Supplies Annually
and Serve **108,000+** Women and Girls Monthly



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Ohio

STATE FACT SHEET ON PERIOD POVERTY

In **Ohio**, **1 in 6** women and girls between the age of 12 and 44 live below the Federal Poverty Line.

Period Supplies Help Students Stay in School

1 in 4 teens in the US has missed class due to lack of access to period supplies. In Ohio, **65%** of female students in public school grades 7 to 12 attend Title I Eligible schools.

Period Supplies Are Necessities, Not Luxuries

Sales taxes on period supplies place an unequal burden on individuals who menstruate. **26** states tax period supplies. In Ohio, period supplies **are not** taxed.

Ohio Menstruators Need Period Supplies

2,425,948

women and girls between the ages 12 to 44 live in Ohio. Of those, **1 in 6** live below the Federal Poverty Line (FPL).

415,048

women and girls between the ages 12 to 44 live below 100% of the FPL. Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.

667,300

women between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan. While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.

46,219

women participate in the Women, Infants, and Children (WIC) Program. Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

Ohio's 7 Allied Programs distributed more than

792,987 pads and tampons*
& **69,897** liners*

Allied Programs Provided menstruators with

198,247 worry-free days**

* 2021 Figures

** Number of days Allied Programs provided menstruators with the recommended daily supply of period products in 2021.



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United States

NATIONAL FACT SHEET ON PERIOD POVERTY

2 in 5 Women Struggles to Purchase Period Products Due to a Lack of Income.

Alliance for Period Supplies works throughout the US to ensure that individuals in need have access to the essential period products they require to participate fully in daily life. Our Allied Programs nationwide collect, warehouse, and distribute menstrual products in local communities.

Women in the Workforce

Nearly **3 in 10** women ages 20 or older were unemployed in February 2022 and had been looking for work for six months or longer.

Women Missing Work & School

One-third of low-income women reports missing work, school or similar commitments due to lack of access to period supplies.

Distributing Donated Product

Allied Programs distributed **19.7 million+** pads and tampons & **3.5 million+** liners in 2021.

Improving Lives

Period supplies from Allied Programs provided **4.9 million+** worry-free days & **3.5 million+** confident days in 2021.

70.3 Million

women and girls between the ages 12 to 44 live in the United States.
Of those, **1 in 6** lives below the Federal Poverty Line (FPL).

11.3 Million

women and girls between the ages 12 to 44 live below 100% of the FPL.
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15.7 Million

women and girls between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan.
While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.

1.6 Million

women participate in the Women, Infants, and Children (WIC) Program.
Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

120+ Allied Programs Distribute **23.2 Million+** Period Supplies Annually
and Serve **108,000+** Women and Girls Monthly



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Oklahoma

STATE FACT SHEET ON PERIOD POVERTY

In **Oklahoma**, **1 in 5** women and girls between the age of 12 and 44 lives below the Federal Poverty Line.

Period Supplies Help Students Stay in School

1 in 4 teens in the US has missed class due to lack of access to period supplies. In Oklahoma, **53%** of female students in public school grades 7 to 12 attend Title I Eligible schools.

Period Supplies Are Necessities, Not Luxuries

Sales taxes on period supplies place an unequal burden on individuals who menstruate. **26** states tax period supplies. In Oklahoma, period supplies **are** taxed.

Oklahoma Menstruators Need Period Supplies

- 848,573** women and girls between the ages 12 to 44 live in Oklahoma. Of those, **1 in 5** live below the Federal Poverty Line (FPL).
- 159,468** women and girls between the ages 12 to 44 live below 100% of the FPL. Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.
- 148,600** women between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan. While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.
- 21,203** women participate in the Women, Infants, and Children (WIC) Program. Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

Oklahoma's 5 Allied Programs distributed more than

43,906 pads and tampons* & **150** liners*

Allied Programs Provided menstruators with

10,977 worry-free days**

* 2021 Figures

** Number of days Allied Programs provided menstruators with the recommended daily supply of period products in 2021.



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United States

NATIONAL FACT SHEET ON PERIOD POVERTY

2 in 5 Women Struggles to Purchase Period Products Due to a Lack of Income.

Alliance for Period Supplies works throughout the US to ensure that individuals in need have access to the essential period products they require to participate fully in daily life. Our Allied Programs nationwide collect, warehouse, and distribute menstrual products in local communities.

Women in the Workforce

Nearly **3 in 10** women ages 20 or older were unemployed in February 2022 and had been looking for work for six months or longer.

Women Missing Work & School

One-third of low-income women reports missing work, school or similar commitments due to lack of access to period supplies.

Distributing Donated Product

Allied Programs distributed **19.7 million+** pads and tampons & **3.5 million+** liners in 2021.

Improving Lives

Period supplies from Allied Programs provided **4.9 million+** worry-free days & **3.5 million+** confident days in 2021.

70.3 Million

women and girls between the ages 12 to 44 live in the United States.
Of those, **1 in 6** lives below the Federal Poverty Line (FPL).

11.3 Million

women and girls between the ages 12 to 44 live below 100% of the FPL.
Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.

15.7 Million

women and girls between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan.
While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.

1.6 Million

women participate in the Women, Infants, and Children (WIC) Program.
Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

120+ Allied Programs Distribute **23.2 Million+** Period Supplies Annually
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Oregon

STATE FACT SHEET ON PERIOD POVERTY

In **Oregon**, **1 in 6** women and girls between the age of 12 and 44 live below the Federal Poverty Line.

Period Supplies Help Students Stay in School

1 in 4 teens in the US has missed class due to lack of access to period supplies. In Oregon, **13%** of female students in public school grades 7 to 12 attend Title I Eligible schools.

Period Supplies Are Necessities, Not Luxuries

Sales taxes on period supplies place an unequal burden on individuals who menstruate. **26** states tax period supplies. In Oregon, period supplies **are not** taxed.

Oregon Menstruators Need Period Supplies

894,750

women and girls between the ages 12 to 44 live in Oregon. Of those, **1 in 6** live below the Federal Poverty Line (FPL).

138,916

women and girls between the ages 12 to 44 live below 100% of the FPL. Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.

238,900

women between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan. While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.

17,256

women participate in the Women, Infants, and Children (WIC) Program. Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

Oregon has 1 Allied Program distributing period supplies.*

The Alliance for Period supplies is working to end period poverty by providing menstruators with worry-free days.**

* 2021 Figures

** Number of days Allied Programs provided menstruators with the recommended daily supply of period products in 2021.



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United States

NATIONAL FACT SHEET ON PERIOD POVERTY

2 in 5 Women Struggles to Purchase Period Products Due to a Lack of Income.

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Women in the Workforce

Nearly **3 in 10** women ages 20 or older were unemployed in February 2022 and had been looking for work for six months or longer.

Women Missing Work & School

One-third of low-income women reports missing work, school or similar commitments due to lack of access to period supplies.

Distributing Donated Product

Allied Programs distributed **19.7 million+** pads and tampons & **3.5 million+** liners in 2021.

Improving Lives

Period supplies from Allied Programs provided **4.9 million+** worry-free days & **3.5 million+** confident days in 2021.

70.3 Million

women and girls between the ages 12 to 44 live in the United States.
Of those, **1 in 6** lives below the Federal Poverty Line (FPL).

11.3 Million

women and girls between the ages 12 to 44 live below 100% of the FPL.
Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.

15.7 Million

women and girls between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan.
While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.

1.6 Million

women participate in the Women, Infants, and Children (WIC) Program.
Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

120+ Allied Programs Distribute **23.2 Million+** Period Supplies Annually
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Pennsylvania

STATE FACT SHEET ON PERIOD POVERTY

In **Pennsylvania**, **1 in 7** women and girls between the age of 12 and 44 live below the Federal Poverty Line.

Period Supplies Help Students Stay in School

1 in 4 teens in the US has missed class due to lack of access to period supplies. In Pennsylvania, **77%** of female students in public school grades 7 to 12 attend Title I Eligible schools.

Period Supplies Are Necessities, Not Luxuries

Sales taxes on period supplies place an unequal burden on individuals who menstruate. **26** states tax period supplies. In Pennsylvania, period supplies **are not** taxed.

Pennsylvania Menstruators Need Period Supplies

2,603,849 women and girls between the ages 12 to 44 live in Pennsylvania. Of those, **1 in 7** live below the Federal Poverty Line (FPL).

385,428 women and girls between the ages 12 to 44 live below 100% of the FPL. Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.

607,700 women between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan. While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.

47,661 women participate in the Women, Infants, and Children (WIC) Program. Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

Pennsylvania's 8 Allied Programs distributed more than

1,094,290 pads and tampons*
& **280,650** liners*

Allied Programs Provided menstruators with

273,573 worry-free days**

* 2021 Figures

** Number of days Allied Programs provided menstruators with the recommended daily supply of period products in 2021.



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United States

NATIONAL FACT SHEET ON PERIOD POVERTY

2 in 5 Women Struggles to Purchase Period Products Due to a Lack of Income.

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Women in the Workforce

Nearly **3 in 10** women ages 20 or older were unemployed in February 2022 and had been looking for work for six months or longer.

Women Missing Work & School

One-third of low-income women reports missing work, school or similar commitments due to lack of access to period supplies.

Distributing Donated Product

Allied Programs distributed **19.7 million+** pads and tampons & **3.5 million+** liners in 2021.

Improving Lives

Period supplies from Allied Programs provided **4.9 million+** worry-free days & **3.5 million+** confident days in 2021.

70.3 Million

women and girls between the ages 12 to 44 live in the United States.
Of those, **1 in 6** lives below the Federal Poverty Line (FPL).

11.3 Million

women and girls between the ages 12 to 44 live below 100% of the FPL.
Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.

15.7 Million

women and girls between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan.
While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.

1.6 Million

women participate in the Women, Infants, and Children (WIC) Program.
Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

120+ Allied Programs Distribute **23.2 Million+** Period Supplies Annually
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Rhode Island

STATE FACT SHEET ON PERIOD POVERTY

In **Rhode Island**, **1 in 8** women and girls between the age of 12 and 44 live below the Federal Poverty Line.

Period Supplies Help Students Stay in School

1 in 4 teens in the US has missed class due to lack of access to period supplies.

In Rhode Island, **82%** of female students in public school grades 7 to 12 attend Title I Eligible schools.

Period Supplies Are Necessities, Not Luxuries

Sales taxes on period supplies place an unequal burden on individuals who menstruate.

26 states tax period supplies.

In Rhode Island, period supplies **are not** taxed.

Rhode Island Menstruators Need Period Supplies

226,222 women and girls between the ages 12 to 44 live in Rhode Island. Of those, **1 in 8** live below the Federal Poverty Line (FPL).

29,500 women and girls between the ages 12 to 44 live below 100% of the FPL. Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.

63,200 women between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan. While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.

4,095 women participate in the Women, Infants, and Children (WIC) Program. Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

Rhode Island has 2 Allied Programs distributing period supplies.*

The Alliance for Period supplies is working to end period poverty by providing menstruators with worry-free days.**

* 2021 Figures

** Number of days Allied Programs provided menstruators with the recommended daily supply of period products in 2021.



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Alliance for Period Supplies raises national awareness of period poverty and supports the development and expansion of period supply programs in communities throughout the country.



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United States

NATIONAL FACT SHEET ON PERIOD POVERTY

2 in 5 Women Struggles to Purchase Period Products Due to a Lack of Income.

Alliance for Period Supplies works throughout the US to ensure that individuals in need have access to the essential period products they require to participate fully in daily life. Our Allied Programs nationwide collect, warehouse, and distribute menstrual products in local communities.

Women in the Workforce

Nearly **3 in 10** women ages 20 or older were unemployed in February 2022 and had been looking for work for six months or longer.

Women Missing Work & School

One-third of low-income women reports missing work, school or similar commitments due to lack of access to period supplies.

Distributing Donated Product

Allied Programs distributed **19.7 million+** pads and tampons & **3.5 million+** liners in 2021.

Improving Lives

Period supplies from Allied Programs provided **4.9 million+** worry-free days & **3.5 million+** confident days in 2021.

70.3 Million

women and girls between the ages 12 to 44 live in the United States.
Of those, **1 in 6** lives below the Federal Poverty Line (FPL).

11.3 Million

women and girls between the ages 12 to 44 live below 100% of the FPL.
Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.

15.7 Million

women and girls between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan.
While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.

1.6 Million

women participate in the Women, Infants, and Children (WIC) Program.
Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

120+ Allied Programs Distribute **23.2 Million+** Period Supplies Annually
and Serve **108,000+** Women and Girls Monthly



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South Carolina

STATE FACT SHEET ON PERIOD POVERTY

In **South Carolina**, **1 in 5** women and girls between the age of 12 and 44 live below the Federal Poverty Line.

Period Supplies Help Students Stay in School

1 in 4 teens in the US has missed class due to lack of access to period supplies.

In South Carolina, **17%** of female students in public school grades 7 to 12 attend Title I Eligible schools.

Period Supplies Are Necessities, Not Luxuries

Sales taxes on period supplies place an unequal burden on individuals who menstruate.

26 states tax period supplies. In South Carolina, period supplies **are** taxed.

South Carolina Menstruators Need Period Supplies

1,071,569 women and girls between the ages 12 to 44 live in South Carolina. Of those, **1 in 5** live below the Federal Poverty Line (FPL).

194,855 women and girls between the ages 12 to 44 live below 100% of the FPL. Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.

199,700 women between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan. While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.

22,671 women participate in the Women, Infants, and Children (WIC) Program. Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

South Carolina's 2 Allied Programs distributed more than

1,258,292 pads and tampons*
& **100,149** liners*

Allied Programs Provided menstruators with

314,573 worry-free days**

* 2021 Figures

** Number of days Allied Programs provided menstruators with the recommended daily supply of period products in 2021.



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United States

NATIONAL FACT SHEET ON PERIOD POVERTY

2 in 5 Women Struggles to Purchase Period Products Due to a Lack of Income.

Alliance for Period Supplies works throughout the US to ensure that individuals in need have access to the essential period products they require to participate fully in daily life. Our Allied Programs nationwide collect, warehouse, and distribute menstrual products in local communities.

Women in the Workforce

Nearly **3 in 10** women ages 20 or older were unemployed in February 2022 and had been looking for work for six months or longer.

Women Missing Work & School

One-third of low-income women reports missing work, school or similar commitments due to lack of access to period supplies.

Distributing Donated Product

Allied Programs distributed **19.7 million+** pads and tampons & **3.5 million+** liners in 2021.

Improving Lives

Period supplies from Allied Programs provided **4.9 million+** worry-free days & **3.5 million+** confident days in 2021.

70.3 Million

women and girls between the ages 12 to 44 live in the United States.
Of those, **1 in 6** lives below the Federal Poverty Line (FPL).

11.3 Million

women and girls between the ages 12 to 44 live below 100% of the FPL.
Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.

15.7 Million

women and girls between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan.
While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.

1.6 Million

women participate in the Women, Infants, and Children (WIC) Program.
Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

120+ Allied Programs Distribute **23.2 Million+** Period Supplies Annually
and Serve **108,000+** Women and Girls Monthly



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South Dakota

STATE FACT SHEET ON PERIOD POVERTY

In **South Dakota**, **1 in 6** women and girls between the age of 12 and 44 live below the Federal Poverty Line.

Period Supplies Help Students Stay in School

1 in 4 teens in the US has missed class due to lack of access to period supplies.

In South Dakota, **64%** of female students in public school grades 7 to 12 attend Title I Eligible schools.

Period Supplies Are Necessities, Not Luxuries

Sales taxes on period supplies place an unequal burden on individuals who menstruate.

26 states tax period supplies.

In South Dakota, period supplies **are** taxed.

South Dakota Menstruators Need Period Supplies

179,770 women and girls between the ages 12 to 44 live in South Dakota. Of those, **1 in 6** live below the Federal Poverty Line (FPL).

28,564 women and girls between the ages 12 to 44 live below 100% of the FPL. Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.

16,100 women between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan. While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.

2,942 women participate in the Women, Infants, and Children (WIC) Program. Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

South Dakota has 2 Allied Programs distributing period supplies.*

The Alliance for Period supplies is working to end period poverty by providing menstruators with worry-free days.**

* 2021 Figures

** Number of days Allied Programs provided menstruators with the recommended daily supply of period products in 2021.



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United States

NATIONAL FACT SHEET ON PERIOD POVERTY

2 in 5 Women Struggles to Purchase Period Products Due to a Lack of Income.

Alliance for Period Supplies works throughout the US to ensure that individuals in need have access to the essential period products they require to participate fully in daily life. Our Allied Programs nationwide collect, warehouse, and distribute menstrual products in local communities.

Women in the Workforce

Nearly **3 in 10** women ages 20 or older were unemployed in February 2022 and had been looking for work for six months or longer.

Women Missing Work & School

One-third of low-income women reports missing work, school or similar commitments due to lack of access to period supplies.

Distributing Donated Product

Allied Programs distributed **19.7 million+** pads and tampons & **3.5 million+** liners in 2021.

Improving Lives

Period supplies from Allied Programs provided **4.9 million+** worry-free days & **3.5 million+** confident days in 2021.

70.3 Million

women and girls between the ages 12 to 44 live in the United States.
Of those, **1 in 6** lives below the Federal Poverty Line (FPL).

11.3 Million

women and girls between the ages 12 to 44 live below 100% of the FPL.
Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.

15.7 Million

women and girls between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan.
While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.

1.6 Million

women participate in the Women, Infants, and Children (WIC) Program.
Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

120+ Allied Programs Distribute **23.2 Million+** Period Supplies Annually
and Serve **108,000+** Women and Girls Monthly



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Tennessee

STATE FACT SHEET ON PERIOD POVERTY

In **Tennessee**, **1 in 6** women and girls between the age of 12 and 44 lives below the Federal Poverty Line.

Period Supplies Help Students Stay in School

1 in 4 teens in the US has missed class due to lack of access to period supplies. In Tennessee, **72%** of female students in public school grades 7 to 12 attend Title I Eligible schools.

Period Supplies Are Necessities, Not Luxuries

Sales taxes on period supplies place an unequal burden on individuals who menstruate. **26** states tax period supplies. In Tennessee, period supplies **are** taxed.

Tennessee Menstruators Need Period Supplies

- 1,454,399** women and girls between the ages 12 to 44 live in Tennessee. Of those, **1 in 6** live below the Federal Poverty Line (FPL).
- 254,509** women and girls between the ages 12 to 44 live below 100% of the FPL. Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.
- 330,800** women between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan. While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.
- 37,365** women participate in the Women, Infants, and Children (WIC) Program. Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

Tennessee's 4 Allied Programs distributed more than

615,286 pads and tampons*
& **201,896** liners*

Allied Programs Provided menstruators with

153,822 worry-free days**

* 2021 Figures

** Number of days Allied Programs provided menstruators with the recommended daily supply of period products in 2021.



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United States

NATIONAL FACT SHEET ON PERIOD POVERTY

2 in 5 Women Struggles to Purchase Period Products Due to a Lack of Income.

Alliance for Period Supplies works throughout the US to ensure that individuals in need have access to the essential period products they require to participate fully in daily life. Our Allied Programs nationwide collect, warehouse, and distribute menstrual products in local communities.

Women in the Workforce

Nearly **3 in 10** women ages 20 or older were unemployed in February 2022 and had been looking for work for six months or longer.

Women Missing Work & School

One-third of low-income women reports missing work, school or similar commitments due to lack of access to period supplies.

Distributing Donated Product

Allied Programs distributed **19.7 million+** pads and tampons & **3.5 million+** liners in 2021.

Improving Lives

Period supplies from Allied Programs provided **4.9 million+** worry-free days & **3.5 million+** confident days in 2021.

70.3 Million

women and girls between the ages 12 to 44 live in the United States.
Of those, **1 in 6** lives below the Federal Poverty Line (FPL).

11.3 Million

women and girls between the ages 12 to 44 live below 100% of the FPL.
Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.

15.7 Million

women and girls between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan.
While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.

1.6 Million

women participate in the Women, Infants, and Children (WIC) Program.
Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

120+ Allied Programs Distribute **23.2 Million+** Period Supplies Annually
and Serve **108,000+** Women and Girls Monthly



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Texas

STATE FACT SHEET ON PERIOD POVERTY

In **Texas**, **1 in 6** women and girls between the age of 12 and 44 live below the Federal Poverty Line.

Period Supplies Help Students Stay in School

1 in 4 teens in the US has missed class due to lack of access to period supplies. In Texas, **78%** of female students in public school grades 7 to 12 attend Title I Eligible schools.

Period Supplies Are Necessities, Not Luxuries

Sales taxes on period supplies place an unequal burden on individuals who menstruate. **26** states tax period supplies. In Texas, period supplies **are** taxed.

Texas Menstruators Need Period Supplies

6,595,728

women and girls between the ages 12 to 44 live in Texas. Of those, **1 in 6** live below the Federal Poverty Line (FPL).

1,106,337

women and girls between the ages 12 to 44 live below 100% of the FPL. Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.

692,300

women between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan. While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.

207,887

women participate in the Women, Infants, and Children (WIC) Program. Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

Texas's 9 Allied Programs distributed more than

693,796 pads and tampons* & **220,634** liners*

Allied Programs Provided menstruators with

173,449 worry-free days**

* 2021 Figures

** Number of days Allied Programs provided menstruators with the recommended daily supply of period products in 2021.



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United States

NATIONAL FACT SHEET ON PERIOD POVERTY

2 in 5 Women Struggles to Purchase Period Products Due to a Lack of Income.

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Women in the Workforce

Nearly **3 in 10** women ages 20 or older were unemployed in February 2022 and had been looking for work for six months or longer.

Women Missing Work & School

One-third of low-income women reports missing work, school or similar commitments due to lack of access to period supplies.

Distributing Donated Product

Allied Programs distributed **19.7 million+** pads and tampons & **3.5 million+** liners in 2021.

Improving Lives

Period supplies from Allied Programs provided **4.9 million+** worry-free days & **3.5 million+** confident days in 2021.

70.3 Million

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Of those, **1 in 6** lives below the Federal Poverty Line (FPL).

11.3 Million

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15.7 Million

women and girls between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan.
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1.6 Million

women participate in the Women, Infants, and Children (WIC) Program.
Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

120+ Allied Programs Distribute **23.2 Million+** Period Supplies Annually
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Utah

STATE FACT SHEET ON PERIOD POVERTY

In **Utah**, **1 in 9** women and girls between the age of 12 and 44 live below the Federal Poverty Line.

Period Supplies Help Students Stay in School

1 in 4 teens in the US has missed class due to lack of access to period supplies. In Utah, **0%** of female students in public school grades 7 to 12 attend Title I Eligible schools.

Period Supplies Are Necessities, Not Luxuries

Sales taxes on period supplies place an unequal burden on individuals who menstruate. **26** states tax period supplies. In Utah, period supplies **are** taxed.

Utah Menstruators Need Period Supplies

762,265

women and girls between the ages 12 to 44 live in Utah. Of those, **1 in 9** live below the Federal Poverty Line (FPL).

87,507

women and girls between the ages 12 to 44 live below 100% of the FPL. Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.

70,600

women between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan. While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.

10,384

women participate in the Women, Infants, and Children (WIC) Program. Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

Utah has 1 Allied Program distributing period supplies.*

The Alliance for Period supplies is working to end period poverty by providing menstruators with worry-free days.**

* 2021 Figures

** Number of days Allied Programs provided menstruators with the recommended daily supply of period products in 2021.



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United States

NATIONAL FACT SHEET ON PERIOD POVERTY

2 in 5 Women Struggles to Purchase Period Products Due to a Lack of Income.

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Women in the Workforce

Nearly **3 in 10** women ages 20 or older were unemployed in February 2022 and had been looking for work for six months or longer.

Women Missing Work & School

One-third of low-income women reports missing work, school or similar commitments due to lack of access to period supplies.

Distributing Donated Product

Allied Programs distributed **19.7 million+** pads and tampons & **3.5 million+** liners in 2021.

Improving Lives

Period supplies from Allied Programs provided **4.9 million+** worry-free days & **3.5 million+** confident days in 2021.

70.3 Million

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11.3 Million

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15.7 Million

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While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.

1.6 Million

women participate in the Women, Infants, and Children (WIC) Program.
Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

120+ Allied Programs Distribute **23.2 Million+** Period Supplies Annually
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Vermont

STATE FACT SHEET ON PERIOD POVERTY

In **Vermont, 1 in 7** women and girls between the age of 12 and 44 live below the Federal Poverty Line.

Period Supplies Help Students Stay in School

1 in 4 teens in the US has missed class due to lack of access to period supplies. In Vermont, **79%** of female students in public school grades 7 to 12 attend Title I Eligible schools.

Period Supplies Are Necessities, Not Luxuries

Sales taxes on period supplies place an unequal burden on individuals who menstruate. **26** states tax period supplies. In Vermont, period supplies **are not** taxed.

Vermont Menstruators Need Period Supplies

123,568

women and girls between the ages 12 to 44 live in Vermont. Of those, **1 in 7** live below the Federal Poverty Line (FPL).

17,561

women and girls between the ages 12 to 44 live below 100% of the FPL. Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.

35,300

women between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan. While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.

2,563

women participate in the Women, Infants, and Children (WIC) Program. Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

Vermont's 2 Allied Programs distributed more than

22,380 pads and tampons*
& **12,990** liners*

Allied Programs Provided menstruators with

5,595 worry-free days**

* 2021 Figures

** Number of days Allied Programs provided menstruators with the recommended daily supply of period products in 2021.



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United States

NATIONAL FACT SHEET ON PERIOD POVERTY

2 in 5 Women Struggles to Purchase Period Products Due to a Lack of Income.

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Women in the Workforce

Nearly **3 in 10** women ages 20 or older were unemployed in February 2022 and had been looking for work for six months or longer.

Women Missing Work & School

One-third of low-income women reports missing work, school or similar commitments due to lack of access to period supplies.

Distributing Donated Product

Allied Programs distributed **19.7 million+** pads and tampons & **3.5 million+** liners in 2021.

Improving Lives

Period supplies from Allied Programs provided **4.9 million+** worry-free days & **3.5 million+** confident days in 2021.

70.3 Million

women and girls between the ages 12 to 44 live in the United States.
Of those, **1 in 6** lives below the Federal Poverty Line (FPL).

11.3 Million

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15.7 Million

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1.6 Million

women participate in the Women, Infants, and Children (WIC) Program.
Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

120+ Allied Programs Distribute **23.2 Million+** Period Supplies Annually
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Virginia

STATE FACT SHEET ON PERIOD POVERTY

In **Virginia**, **1 in 8** women and girls between the age of 12 and 44 live below the Federal Poverty Line.

Period Supplies Help Students Stay in School

1 in 4 teens in the US has missed class due to lack of access to period supplies.

In Virginia, **6%** of female students in public school grades 7 to 12 attend Title I Eligible schools.

Period Supplies Are Necessities, Not Luxuries

Sales taxes on period supplies place an unequal burden on individuals who menstruate.

26 states tax period supplies. In Virginia, period supplies **are** taxed.

Virginia Menstruators Need Period Supplies

1,843,224 women and girls between the ages 12 to 44 live in Virginia. Of those, **1 in 8** live below the Federal Poverty Line (FPL).

230,971 women and girls between the ages 12 to 44 live below 100% of the FPL. Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.

267,700 women between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan. While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.

29,186 women participate in the Women, Infants, and Children (WIC) Program. Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

Virginia's 4 Allied Programs distributed more than

1,853,379 pads and tampons*
& **308,134** liners*

Allied Programs Provided menstruators with

463,345 worry-free days**

* 2021 Figures

** Number of days Allied Programs provided menstruators with the recommended daily supply of period products in 2021.



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United States

NATIONAL FACT SHEET ON PERIOD POVERTY

2 in 5 Women Struggles to Purchase Period Products Due to a Lack of Income.

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Women in the Workforce

Nearly **3 in 10** women ages 20 or older were unemployed in February 2022 and had been looking for work for six months or longer.

Women Missing Work & School

One-third of low-income women reports missing work, school or similar commitments due to lack of access to period supplies.

Distributing Donated Product

Allied Programs distributed **19.7 million+** pads and tampons & **3.5 million+** liners in 2021.

Improving Lives

Period supplies from Allied Programs provided **4.9 million+** worry-free days & **3.5 million+** confident days in 2021.

70.3 Million

women and girls between the ages 12 to 44 live in the United States.
Of those, **1 in 6** lives below the Federal Poverty Line (FPL).

11.3 Million

women and girls between the ages 12 to 44 live below 100% of the FPL.
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15.7 Million

women and girls between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan.
While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.

1.6 Million

women participate in the Women, Infants, and Children (WIC) Program.
Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

120+ Allied Programs Distribute **23.2 Million+** Period Supplies Annually
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Washington

STATE FACT SHEET ON PERIOD POVERTY

In **Washington**, **1 in 8** women and girls between the age of 12 and 44 live below the Federal Poverty Line.

Period Supplies Help Students Stay in School

1 in 4 teens in the US has missed class due to lack of access to period supplies. In Washington, **64%** of female students in public school grades 7 to 12 attend Title I Eligible schools.

Period Supplies Are Necessities, Not Luxuries

Sales taxes on period supplies place an unequal burden on individuals who menstruate. **26** states tax period supplies. In Washington, period supplies **are not** taxed.

Washington Menstruators Need Period Supplies

1,630,146 women and girls between the ages 12 to 44 live in Washington. Of those, **1 in 8** live below the Federal Poverty Line (FPL).

204,222 women and girls between the ages 12 to 44 live below 100% of the FPL. Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.

331,700 women between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan. While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.

32,305 women participate in the Women, Infants, and Children (WIC) Program. Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

Washington's 3 Allied Programs distributed more than

200,581 pads and tampons*
& **111,159** liners*

Allied Programs Provided menstruators with

50,145 worry-free days**

* 2021 Figures

** Number of days Allied Programs provided menstruators with the recommended daily supply of period products in 2021.



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United States

NATIONAL FACT SHEET ON PERIOD POVERTY

2 in 5 Women Struggles to Purchase Period Products Due to a Lack of Income.

Alliance for Period Supplies works throughout the US to ensure that individuals in need have access to the essential period products they require to participate fully in daily life. Our Allied Programs nationwide collect, warehouse, and distribute menstrual products in local communities.

Women in the Workforce

Nearly **3 in 10** women ages 20 or older were unemployed in February 2022 and had been looking for work for six months or longer.

Women Missing Work & School

One-third of low-income women reports missing work, school or similar commitments due to lack of access to period supplies.

Distributing Donated Product

Allied Programs distributed **19.7 million+** pads and tampons & **3.5 million+** liners in 2021.

Improving Lives

Period supplies from Allied Programs provided **4.9 million+** worry-free days & **3.5 million+** confident days in 2021.

70.3 Million

women and girls between the ages 12 to 44 live in the United States.
Of those, **1 in 6** lives below the Federal Poverty Line (FPL).

11.3 Million

women and girls between the ages 12 to 44 live below 100% of the FPL.
Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.

15.7 Million

women and girls between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan.
While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.

1.6 Million

women participate in the Women, Infants, and Children (WIC) Program.
Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

120+ Allied Programs Distribute **23.2 Million+** Period Supplies Annually
and Serve **108,000+** Women and Girls Monthly



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West Virginia

STATE FACT SHEET ON PERIOD POVERTY

In **West Virginia**, **2 in 9** women and girls between the age of 12 and 44 live below the Federal Poverty Line.

Period Supplies Help Students Stay in School

1 in 4 teens in the US has missed class due to lack of access to period supplies.

In West Virginia, **13%** of female students in public school grades 7 to 12 attend Title I Eligible schools.

Period Supplies Are Necessities, Not Luxuries

Sales taxes on period supplies place an unequal burden on individuals who menstruate.

26 states tax period supplies.

In West Virginia, period supplies **are** taxed.

West Virginia Menstruators Need Period Supplies

350,304

women and girls between the ages 12 to 44 live in West Virginia.

Of those, **1 in 9** live below the Federal Poverty Line (FPL).

78,084

women and girls between the ages 12 to 44 live below 100% of the FPL.

Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.

114,400

women between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan.

While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.

8,349

women participate in the Women, Infants, and Children (WIC) Program.

Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

West Virginia has 1 Allied Program distributing period supplies.*

The Alliance for Period supplies is working to end period poverty by providing menstruators with worry-free days.**

* 2021 Figures

** Number of days Allied Programs provided menstruators with the recommended daily supply of period products in 2021.



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United States

NATIONAL FACT SHEET ON PERIOD POVERTY

2 in 5 Women Struggles to Purchase Period Products Due to a Lack of Income.

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Women in the Workforce

Nearly **3 in 10** women ages 20 or older were unemployed in February 2022 and had been looking for work for six months or longer.

Women Missing Work & School

One-third of low-income women reports missing work, school or similar commitments due to lack of access to period supplies.

Distributing Donated Product

Allied Programs distributed **19.7 million+** pads and tampons & **3.5 million+** liners in 2021.

Improving Lives

Period supplies from Allied Programs provided **4.9 million+** worry-free days & **3.5 million+** confident days in 2021.

70.3 Million

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11.3 Million

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15.7 Million

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1.6 Million

women participate in the Women, Infants, and Children (WIC) Program.
Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

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Wisconsin

STATE FACT SHEET ON PERIOD POVERTY

In **Wisconsin**, **1 in 7** women and girls between the age of 12 and 44 live below the Federal Poverty Line.

Period Supplies Help Students Stay in School

1 in 4 teens in the US has missed class due to lack of access to period supplies.

In Wisconsin, **57%** of female students in public school grades 7 to 12 attend Title I Eligible schools.

Period Supplies Are Necessities, Not Luxuries

Sales taxes on period supplies place an unequal burden on individuals who menstruate.

26 states tax period supplies. In Wisconsin, period supplies **are** taxed.

Wisconsin Menstruators Need Period Supplies

1,194,948

women and girls between the ages 12 to 44 live in Wisconsin. Of those, **1 in 7** live below the Federal Poverty Line (FPL).

171,351

women and girls between the ages 12 to 44 live below 100% of the FPL. Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.

202,300

women between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan. While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.

19,158

women participate in the Women, Infants, and Children (WIC) Program. Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

Wisconsin's 5 Allied Programs distributed more than

210,520 pads and tampons*
& **55,852** liners*

Allied Programs Provided menstruators with

52,630 worry-free days**

* 2021 Figures

** Number of days Allied Programs provided menstruators with the recommended daily supply of period products in 2021.



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United States

NATIONAL FACT SHEET ON PERIOD POVERTY

2 in 5 Women Struggles to Purchase Period Products Due to a Lack of Income.

Alliance for Period Supplies works throughout the US to ensure that individuals in need have access to the essential period products they require to participate fully in daily life. Our Allied Programs nationwide collect, warehouse, and distribute menstrual products in local communities.

Women in the Workforce

Nearly **3 in 10** women ages 20 or older were unemployed in February 2022 and had been looking for work for six months or longer.

Women Missing Work & School

One-third of low-income women reports missing work, school or similar commitments due to lack of access to period supplies.

Distributing Donated Product

Allied Programs distributed **19.7 million+** pads and tampons & **3.5 million+** liners in 2021.

Improving Lives

Period supplies from Allied Programs provided **4.9 million+** worry-free days & **3.5 million+** confident days in 2021.

70.3 Million

women and girls between the ages 12 to 44 live in the United States.
Of those, **1 in 6** lives below the Federal Poverty Line (FPL).

11.3 Million

women and girls between the ages 12 to 44 live below 100% of the FPL.
Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.

15.7 Million

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1.6 Million

women participate in the Women, Infants, and Children (WIC) Program.
Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

120+ Allied Programs Distribute **23.2 Million+** Period Supplies Annually
and Serve **108,000+** Women and Girls Monthly



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Wyoming

STATE FACT SHEET ON PERIOD POVERTY

In **Wyoming**, **1 in 7** women and girls between the age of 12 and 44 lives below the Federal Poverty Line.

Period Supplies Help Students Stay in School

1 in 4 teens in the US has missed class due to lack of access to period supplies. In Wyoming, **34%** of female students in public school grades 7 to 12 attend Title I Eligible schools.

Period Supplies Are Necessities, Not Luxuries

Sales taxes on period supplies place an unequal burden on individuals who menstruate. **26** states tax period supplies. In Wyoming, period supplies **are** taxed.

Wyoming Menstruators Need Period Supplies

119,498

women and girls between the ages 12 to 44 live in Wyoming. Of those, **1 in 7** live below the Federal Poverty Line (FPL).

17,167

women and girls between the ages 12 to 44 live below 100% of the FPL. Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.

15,800

women between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan. While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.

1,845

women participate in the Women, Infants, and Children (WIC) Program. Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

Wyoming has 1 Allied Program distributing period supplies.*

The Alliance for Period supplies is working to end period poverty by providing menstruators with worry-free days.**

* 2021 Figures

** Number of days Allied Programs provided menstruators with the recommended daily supply of period products in 2021.



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United States

NATIONAL FACT SHEET ON PERIOD POVERTY

2 in 5 Women Struggles to Purchase Period Products Due to a Lack of Income.

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Women in the Workforce

Nearly **3 in 10** women ages 20 or older were unemployed in February 2022 and had been looking for work for six months or longer.

Women Missing Work & School

One-third of low-income women reports missing work, school or similar commitments due to lack of access to period supplies.

Distributing Donated Product

Allied Programs distributed **19.7 million+** pads and tampons & **3.5 million+** liners in 2021.

Improving Lives

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70.3 Million

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Of those, **1 in 6** lives below the Federal Poverty Line (FPL).

11.3 Million

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Washington, D.C.

STATE FACT SHEET ON PERIOD POVERTY

In **Washington, D.C.**, **1 in 6** women and girls between the age of 12 and 44 live below the Federal Poverty Line.

Period Supplies Help Students Stay in School

1 in 4 teens in the US has missed class due to lack of access to period supplies. In D.C., **73%** of female students in public school grades 7 to 12 attend Title I Eligible schools.

Period Supplies Are Necessities, Not Luxuries

Sales taxes on period supplies place an unequal burden on individuals who menstruate. **26** states tax period supplies. In Washington, D.C., period supplies **are not** taxed.

Washington, D.C. Menstruators Need Period Supplies

198,728

women and girls between the ages 12 to 44 live in Washington, D.C.. Of those, **1 in 6** live below the Federal Poverty Line (FPL).

330,641

women and girls between the ages 12 to 44 live below 100% of the FPL. Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.

54,300

women between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan. While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.

3,827

women participate in the Women, Infants, and Children (WIC) Program. Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

Washington D.C. has 1 Allied Program distributing period supplies.*

The Alliance for Period supplies is working to end period poverty by providing menstruators with worry-free days.**

* 2021 Figures

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United States

NATIONAL FACT SHEET ON PERIOD POVERTY

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