In Alabama, 1 in 5 women and girls between the age of 12 and 44 live below the Federal Poverty Line.

**Period Supplies Help Students Stay in School**

- 1 in 4 teens in the US has missed class due to lack of access to period supplies.
- In Alabama, 45% of female students in public school grades 7 to 12 attend Title I Eligible schools.

**Period Supplies Are Necessities, Not Luxuries**

- Sales taxes on period supplies place an unequal burden on individuals who menstruate.
- 26 states tax period supplies.

**Alabama Menstruators Need Period Supplies**

- 1,040,945 women and girls between the ages 12 to 44 live in Alabama.
- Of those, 1 in 5 live below the Federal Poverty Line (FPL).
- 207,151 women and girls between the ages 12 to 44 live below 100% of the FPL.
- Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.
- 208,500 women between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan.
- While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.
- 29,069 women participate in the Women, Infants, and Children (WIC) Program.
- Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

**Alabama’s 3 Allied Programs** distributed more than

- 79,334 pads and tampons*
- 44,744 liners*

**Allied Programs Provided menstruators with**

- 19,834 worry-free days**

* 2021 Figures
** Number of days Allied Programs provided menstruators with the recommended daily supply of period products in 2021.

Alliance for Period Supplies raises national awareness of period poverty and supports the development and expansion of period supply programs in communities throughout the country.
United States

NATIONAL FACT SHEET ON PERIOD POVERTY

2 in 5 Women Struggles to Purchase Period Products Due to a Lack of Income.

Alliance for Period Supplies works throughout the US to ensure that individuals in need have access to the essential period products they require to participate fully in daily life. Our Allied Programs nationwide collect, warehouse, and distribute menstrual products in local communities.

Women in the Workforce

Nearly 3 in 10 women ages 20 or older were unemployed in February 2022 and had been looking for work for six months or longer.

Distributing Donated Product

Allied Programs distributed 19.7 million+ pads and tampons & 3.5 million+ liners in 2021.

Women Missing Work & School

One-third of low-income women reports missing work, school or similar commitments due to lack of access to period supplies.

Improving Lives

Period supplies from Allied Programs provided 4.9 million+ worry-free days & 3.5 million+ confident days in 2021.

70.3 Million

women and girls between the ages 12 to 44 live in the United States. Of those, 1 in 6 lives below the Federal Poverty Line (FPL).

11.3 Million

women and girls between the ages 12 to 44 live below 100% of the FPL. Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.

15.7 Million

women and girls between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan. While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.

1.6 Million

women participate in the Women, Infants, and Children (WIC) Program. Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

120+ Allied Programs Distribute 23.2 Million+ Period Supplies Annually and Serve 108,000+ Women and Girls Monthly

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Alaska
STATE FACT SHEET ON PERIOD POVERTY

In Alaska, 1 in 8 women and girls between the age of 12 and 44 lives below the Federal Poverty Line.

**Period Supplies Help Students Stay in School**

- **1 in 4 teens** in the US has missed class due to lack of access to period supplies.
- In Alaska, 61% of female students in public school grades 7 to 12 attend Title I Eligible schools.

**Period Supplies Are Necessities, Not Luxuries**

- Sales taxes on period supplies place an unequal burden on individuals who menstruate.
- 26 states tax period supplies.
- In Alaska, period supplies are not taxed.

Alaska Menstruators Need Period Supplies

159,256 women and girls between the ages 12 to 44 live in Alaska.
Of those, 1 in 8 live below the Federal Poverty Line (FPL).

19,099 women and girls between the ages 12 to 44 live below 100% of the FPL.
Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.

42,400 women between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan.
While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.

3,886 women participate in the Women, Infants, and Children (WIC) Program.
Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

Alaska has 1 Allied Program distributing period supplies. *
The Alliance for Period supplies is working to end period poverty by providing menstruators with worry-free days. **

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* 2021 Figures
** Number of days Allied Programs provided menstruators with the recommended daily supply of period products in 2021.
United States

NATIONAL FACT SHEET ON PERIOD POVERTY

2 in 5 Women Struggles to Purchase Period Products Due to a Lack of Income.

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Distributing Donated Product

Allied Programs distributed 19.7 million+ pads and tampons & 3.5 million+ liners in 2021.

Improving Lives

Period supplies from Allied Programs provided 4.9 million+ worry-free days & 3.5 million+ confident days in 2021.

70.3 Million

women and girls between the ages 12 to 44 live in the United States. Of those, 1 in 6 lives below the Federal Poverty Line (FPL).

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women participate in the Women, Infants, and Children (WIC) Program. Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

120+ Allied Programs Distribute 23.2 Million+ Period Supplies Annually and Serve 108,000+ Women and Girls Monthly

Alliance for Period Supplies raises national awareness of period poverty and supports the development and expansion of period supply programs in communities throughout the country.

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# Arizona

## STATE FACT SHEET ON PERIOD POVERTY

In **Arizona**, **1 in 6** women and girls between the age of 12 and 44 live below the Federal Poverty Line.

<table>
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<th>Period Supplies Help Students Stay in School</th>
<th>Period Supplies Are Necessities, Not Luxuries</th>
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</thead>
<tbody>
<tr>
<td>1 in 4 teens in the US has missed class due to lack of access to period supplies. In Arizona, <strong>64%</strong> of female students in public school grades 7 to 12 attend Title I Eligible schools.</td>
<td>Sales taxes on period supplies place an unequal burden on individuals who menstruate. <strong>26</strong> states tax period supplies. In Arizona, period supplies are taxed.</td>
</tr>
</tbody>
</table>

## Arizona Menstruators Need Period Supplies

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<th>Number</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>1,522,300</strong></td>
<td><strong>Women and girls between the ages 12 to 44 live in Arizona. Of those, 1 in 6 live below the Federal Poverty Line (FPL).</strong></td>
</tr>
<tr>
<td><strong>257,213</strong></td>
<td><strong>Women and girls between the ages 12 to 44 live below 100% of the FPL. Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.</strong></td>
</tr>
<tr>
<td><strong>443,300</strong></td>
<td><strong>Women between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan. While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.</strong></td>
</tr>
<tr>
<td><strong>32,037</strong></td>
<td><strong>Women participate in the Women, Infants, and Children (WIC) Program. Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.</strong></td>
</tr>
</tbody>
</table>

## Arizona’s 3 Allied Programs

- **542,674** pads and tampons
- **146,040** liners

Allied Programs Provided menstruators with **135,669** worry-free days

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* 2021 Figures
** Number of days Allied Programs provided menstruators with the recommended daily supply of period products in 2021.

**Alliance for Period Supplies** raises national awareness of period poverty and supports the development and expansion of period supply programs in communities throughout the country.

[_link](https://allianceforperiodsupplies.org)
United States

NATIONAL FACT SHEET ON PERIOD POVERTY

2 in 5 Women Struggles to Purchase Period Products Due to a Lack of Income.

Alliance for Period Supplies works throughout the US to ensure that individuals in need have access to the essential period products they require to participate fully in daily life. Our Allied Programs nationwide collect, warehouse, and distribute menstrual products in local communities.

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<th>Women in the Workforce</th>
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<td>Nearly 3 in 10 women ages 20 or older were unemployed in February 2022 and had been looking for work for six months or longer.</td>
<td>One-third of low-income women reports missing work, school or similar commitments due to lack of access to period supplies.</td>
</tr>
</tbody>
</table>

- **Distributing Donated Product**  
  Allied Programs distributed **19.7 million+** pads and tampons & **3.5 million+** liners in 2021.

- **Improving Lives**  
  Period supplies from Allied Programs provided **4.9 million+** worry-free days & **3.5 million+** confident days in 2021.

- **70.3 Million** women and girls between the ages 12 to 44 live in the United States. Of those, **1 in 6** lives below the Federal Poverty Line (FPL).

- **11.3 Million** women and girls between the ages 12 to 44 live below 100% of the FPL. Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.

- **15.7 Million** women and girls between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan. While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.

- **1.6 Million** women participate in the Women, Infants, and Children (WIC) Program. Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

120+ Allied Programs Distribute **23.2 Million+** Period Supplies Annually and Serve **108,000+** Women and Girls Monthly

Alliance for Period Supplies raises national awareness of period poverty and supports the development and expansion of period supply programs in communities throughout the country.

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## Arkansas

**STATE FACT SHEET ON PERIOD POVERTY**

In **Arkansas**, 1 in 5 women and girls between the age of 12 and 44 lives below the Federal Poverty Line.

### Period Supplies Help Students Stay in School

- **1 in 4 teens** in the US has missed class due to lack of access to period supplies.
- In Arkansas, **89%** of female students in public school grades 7 to 12 attend Title I Eligible schools.

### Period Supplies Are Necessities, Not Luxuries

- Sales taxes on period supplies place an unequal burden on individuals who menstruate.
- **26** states tax period supplies.
- In Arkansas, period supplies are taxed.

## Arkansas Menstruators Need Period Supplies

- **636,031** women and girls between the ages 12 to 44 live in Arkansas.
  Of those, 1 in 5 live below the Federal Poverty Line (FPL).
- **126,217** women and girls between the ages 12 to 44 live below 100% of the FPL.
  Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.
- **183,300** women between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan.
  While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.
- **16,684** women participate in the Women, Infants, and Children (WIC) Program.
  Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

### Arkansas has 2 Allied Program distributing period supplies.*

The Alliance for Period supplies is working to end period poverty by providing menstruators with worry-free days.**

---

* 2021 Figures
** Number of days Allied Programs provided menstruators with the recommended daily supply of period products in 2021.

**alliance for PERIOD supplies**

Alliance for Period Supplies raises national awareness of period poverty and supports the development and expansion of period supply programs in communities throughout the country.

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United States
NATIONAL FACT SHEET ON PERIOD POVERTY

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Women in the Workforce
Nearly 3 in 10 women ages 20 or older were unemployed in February 2022 and had been looking for work for six months or longer.

Women Missing Work & School
One-third of low-income women reports missing work, school or similar commitments due to lack of access to period supplies.

Distributing Donated Product
Allied Programs distributed 19.7 million+ pads and tampons & 3.5 million+ liners in 2021.

Improving Lives
Period supplies from Allied Programs provided 4.9 million+ worry-free days & 3.5 million+ confident days in 2021.

70.3 Million women and girls between the ages 12 to 44 live in the United States. Of those, 1 in 6 lives below the Federal Poverty Line (FPL).

11.3 Million women and girls between the ages 12 to 44 live below 100% of the FPL. Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.

15.7 Million women and girls between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan. While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.

1.6 Million women participate in the Women, Infants, and Children (WIC) Program. Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

120+ Allied Programs Distribute 23.2 Million+ Period Supplies Annually and Serve 108,000+ Women and Girls Monthly

Alliance for Period Supplies raises national awareness of period poverty and supports the development and expansion of period supply programs in communities throughout the country.

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# California State Fact Sheet on Period Poverty

In **California**, **1 in 7** women and girls between the age of 12 and 44 lives below the Federal Poverty Line.

## California Menstruators Need Period Supplies

<table>
<thead>
<tr>
<th>Category</th>
<th>Statistic</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Women and girls aged 12 to 44</td>
<td>8,810,335</td>
<td>live in California. Of those, 1 in 7 live below the Federal Poverty Line (FPL).</td>
</tr>
<tr>
<td>Women and girls aged 12 to 44</td>
<td>1,299,738</td>
<td>live below 100% of the FPL. Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.</td>
</tr>
<tr>
<td>Women aged 12 to 44</td>
<td>2,659,000</td>
<td>receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan. While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.</td>
</tr>
<tr>
<td>Women who participate in WIC</td>
<td>202,777</td>
<td>Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.</td>
</tr>
</tbody>
</table>

## Period Supplies Help Students Stay in School

**1 in 4** teens in the US has missed class due to lack of access to period supplies.

In California, **0%** of female students in public school grades 7 to 12 attend Title I Eligible schools.

## Period Supplies Are Necessities, Not Luxuries

Sales taxes on period supplies place an unequal burden on individuals who menstruate.

26 states tax period supplies.

In California, period supplies are not taxed.

## California’s 7 Allied Programs

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<tr>
<th>Period Supplies Provided</th>
<th>Statistic</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pads and tampons* &amp; liners*</td>
<td>374,034 &amp; 87,732</td>
<td>Allied Programs provided menstruators with worry-free days**</td>
</tr>
<tr>
<td>Worry-free days**</td>
<td>93,509</td>
<td>California’s 7 Allied Programs distributed more than 374,034 pads and tampons &amp; 87,732 liners.</td>
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</table>

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* 2021 Figures
** Number of days Allied Programs provided menstruators with the recommended daily supply of period products in 2021.

Alliance for Period Supplies raises national awareness of period poverty and supports the development and expansion of period supply programs in communities throughout the country.
United States
NATIONAL FACT SHEET ON PERIOD POVERTY

2 in 5 Women Struggles to Purchase Period Products Due to a Lack of Income.

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Women in the Workforce
Nearly 3 in 10 women ages 20 or older were unemployed in February 2022 and had been looking for work for six months or longer.

Women Missing Work & School
One-third of low-income women reports missing work, school or similar commitments due to lack of access to period supplies.

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1.6 Million
Women participate in the Women, Infants, and Children (WIC) Program. Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

120+ Allied Programs Distribute 23.2 Million+ Period Supplies Annually and Serve 108,000+ Women and Girls Monthly

Alliance for Period Supplies
Alliance for Period Supplies raises national awareness of period poverty and supports the development and expansion of period supply programs in communities throughout the country.

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In **Colorado**, 1 in 8 women and girls between the age of 12 and 44 live below the Federal Poverty Line.

### Colorado Menstruators Need Period Supplies

- **1,268,112** women and girls between the ages 12 to 44 live in **Colorado**.
  - Of those, **1 in 8** live below the Federal Poverty Line (FPL).

- **154,408** women and girls between the ages 12 to 44 live below 100% of the FPL.
  - Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.

- **266,200** women between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan.
  - While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.

- **20,120** women participate in the Women, Infants, and Children (WIC) Program.
  - Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

### Colorado’s 3 Allied Programs Provided

- Distributed more than **188,613** pads and tampons*
- & **58,695** liners*

### Allied Programs Provided Menstruators with

- **47,153** worry-free days**

* 2021 Figures

** Number of days Allied Programs provided menstruators with the recommended daily supply of period products in 2021.

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NATIONAL FACT SHEET ON PERIOD POVERTY

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Alliance for Period Supplies raises national awareness of period poverty and supports the development and expansion of period supply programs in communities throughout the country.
## Connecticut

**STATE FACT SHEET ON PERIOD POVERTY**

In **Connecticut**, **1 in 8** women and girls between the age of 12 and 44 lives below the Federal Poverty Line.

### Period Supplies Help Students Stay in School

1 in 4 teens in the US has missed class due to lack of access to period supplies. In Connecticut, **40%** of female students in public school grades 7 to 12 attend Title I Eligible schools.

### Period Supplies Are Necessities, Not Luxuries

Sales taxes on period supplies place an unequal burden on individuals who menstruate. 26 states tax period supplies. In Connecticut, period supplies are not taxed.

### Connecticut Menstruators Need Period Supplies

<table>
<thead>
<tr>
<th>Count</th>
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<tbody>
<tr>
<td>735,726</td>
<td><strong>women and girls between the ages 12 to 44 live in Connecticut.</strong> Of those, <strong>1 in 8</strong> live below the Federal Poverty Line (FPL).</td>
</tr>
<tr>
<td>89,488</td>
<td><strong>women and girls between the ages 12 to 44 live below 100% of the FPL.</strong> Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.</td>
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<td>242,400</td>
<td><strong>women between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan.</strong> While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.</td>
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<td>10,283</td>
<td><strong>women participate in the Women, Infants, and Children (WIC) Program.</strong> Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.</td>
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### Connecticut has 1 Allied Program distributing period supplies.*

The Alliance for Period supplies is working to end period poverty by providing menstruators with worry-free days.**

---

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70.3 Million women and girls between the ages 12 to 44 live in the United States. Of those, 1 in 6 lives below the Federal Poverty Line (FPL).

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120+ Allied Programs Distribute 23.2 Million+ Period Supplies Annually and Serve 108,000+ Women and Girls Monthly
In Delaware, 1 in 7 women and girls between the age of 12 and 44 live below the Federal Poverty Line.

**Period Supplies Help Students Stay in School**

1 in 4 teens in the US has missed class due to lack of access to period supplies. In Delaware, 56% of female students in public school grades 7 to 12 attend Title I Eligible schools.

**Period Supplies Are Necessities, Not Luxuries**

Sales taxes on period supplies place an unequal burden on individuals who menstruate. 26 states tax period supplies. In Delaware, period supplies are not taxed.

### Delaware Menstruators Need Period Supplies

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<td>197,420</td>
<td>women and girls between the ages 12 to 44 live in Delaware. Of those, 1 in 7 live below the Federal Poverty Line (FPL).</td>
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<tr>
<td>28,873</td>
<td>women and girls between the ages 12 to 44 live below 100% of the FPL. Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.</td>
</tr>
<tr>
<td>48,100</td>
<td>women between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan. While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.</td>
</tr>
<tr>
<td>4,129</td>
<td>women participate in the Women, Infants, and Children (WIC) Program. Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.</td>
</tr>
</tbody>
</table>

### Delaware has 1 Allied Program distributing period supplies.*

The Alliance for Period supplies is working to end period poverty by providing menstruators with worry-free days.**

* 2021 Figures
** Number of days Allied Programs provided menstruators with the recommended daily supply of period products in 2021.

Alliance for Period Supplies raises national awareness of period poverty and supports the development and expansion of period supply programs in communities throughout the country.
United States
NATIONAL FACT SHEET ON PERIOD POVERTY

2 in 5 Women Struggles to Purchase Period Products Due to a Lack of Income.

**Alliance for Period Supplies** works throughout the US to ensure that individuals in need have access to the essential period products they require to participate fully in daily life. Our Allied Programs nationwide collect, warehouse, and distribute menstrual products in local communities.

<table>
<thead>
<tr>
<th>Women in the Workforce</th>
<th>Women Missing Work &amp; School</th>
</tr>
</thead>
<tbody>
<tr>
<td>Nearly 3 in 10 women ages 20 or older were unemployed in February 2022 and had been looking for work for six months or longer.</td>
<td>One-third of low-income women reports missing work, school or similar commitments due to lack of access to period supplies.</td>
</tr>
</tbody>
</table>

**Distributing Donated Product**
Allied Programs distributed **19.7 million+** pads and tampons & **3.5 million+** liners in 2021.

**Improving Lives**
Period supplies from Allied Programs provided **4.9 million+** worry-free days & **3.5 million+** confident days in 2021.

- **70.3 Million** women and girls between the ages 12 to 44 live in the United States. Of those, **1 in 6** lives below the Federal Poverty Line (FPL).
- **11.3 Million** women and girls between the ages 12 to 44 live below 100% of the FPL. Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.
- **15.7 Million** women and girls between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan. While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.
- **1.6 Million** women participate in the Women, Infants, and Children (WIC) Program. Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

**120+** Allied Programs Distribute **23.2 Million+** Period Supplies Annually and Serve **108,000+** Women and Girls Monthly

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# Florida

## STATE FACT SHEET ON PERIOD POVERTY

In **Florida**, **1 in 6** women and girls between the age of 12 and 44 lives below the Federal Poverty Line.

<table>
<thead>
<tr>
<th>Period Supplies Help Students Stay in School</th>
<th>Period Supplies Are Necessities, Not Luxuries</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 in 4 teens in the US has missed class due to lack of access to period supplies. In Florida, <strong>79%</strong> of female students in public school grades 7 to 12 attend Title I Eligible schools.</td>
<td>Sales taxes on period supplies place an unequal burden on individuals who menstruate. <strong>26</strong> states tax period supplies. In Florida, period supplies are not taxed.</td>
</tr>
</tbody>
</table>

## Florida Menstruators Need Period Supplies

- **4,215,766** women and girls between the ages 12 to 44 live in Florida. Of those, **1 in 6** live below the Federal Poverty Line (FPL).
- **659,115** women and girls between the ages 12 to 44 live below **100%** of the FPL. Almost **60%** of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.
- **785,200** women between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan. While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.
- **112,596** women participate in the Women, Infants, and Children (WIC) Program. Participants of the WIC program receive nutritious food. However, those living below **185%** FPL face challenges meeting other material basic necessities.

## Florida’s 11 Allied Programs

Florida’s 11 Allied Programs distributed more than **4,200,347** pads and tampons & **410,088** liners.

**Allied Programs Provided menstruators with **1,050,087** worry-free days**

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* **2021 Figures**

** Number of days Allied Programs provided menstruators with the recommended daily supply of period products in 2021.

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**Alliance for Period Supplies raises national awareness of period poverty and supports the development and expansion of period supply programs in communities throughout the country.**

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**Women in the Workforce**
Nearly 3 in 10 women ages 20 or older were unemployed in February 2022 and had been looking for work for six months or longer.

**Women Missing Work & School**
One-third of low-income women reports missing work, school or similar commitments due to lack of access to period supplies.

**Distributing Donated Product**
Allied Programs distributed 19.7 million+ pads and tampons & 3.5 million+ liners in 2021.

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Period supplies from Allied Programs provided 4.9 million+ worry-free days & 3.5 million+ confident days in 2021.

70.3 Million women and girls between the ages 12 to 44 live in the United States. Of those, 1 in 6 lives below the Federal Poverty Line (FPL).

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# Georgia

**STATE FACT SHEET ON PERIOD POVERTY**

In **Georgia, 1 in 6** women and girls between the age of 12 and 44 lives below the Federal Poverty Line.

### Period Supplies Help Students Stay in School

- **1 in 4 teens** in the US has missed class due to lack of access to period supplies.
- In Georgia, **51%** of female students in public school grades 7 to 12 attend Title I Eligible schools.

### Period Supplies Are Necessities, Not Luxuries

- Sales taxes on period supplies place an unequal burden on individuals who menstruate.
- **26** states tax period supplies.
- In Georgia, period supplies **are** taxed.

### Georgia Menstruators Need Period Supplies

- **2,379,174** women and girls between the ages 12 to 44 live in Georgia.
  - Of those, **1 in 6** live below the Federal Poverty Line (FPL).
- **400,850** women and girls between the ages 12 to 44 live below 100% of the FPL.
  - Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.
- **342,400** women between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan.
  - While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.
- **52,065** women participate in the Women, Infants, and Children (WIC) Program.
  - Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

### Georgia's 3 Allied Programs

- Allied Programs distributed more than **231,778** pads and tampons
  - & **15,535** liners

- Allied Programs Provided menstruators with **57,945** worry-free days

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*2021 Figures

**Number of days Allied Programs provided menstruators with the recommended daily supply of period products in 2021.*

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Alliance for Period Supplies raises national awareness of period poverty and supports the development and expansion of period supply programs in communities throughout the country.
United States
NATIONAL FACT SHEET ON PERIOD POVERTY

2 in 5 Women Struggles to Purchase Period Products Due to a Lack of Income.

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Women in the Workforce
Nearly 3 in 10 women ages 20 or older were unemployed in February 2022 and had been looking for work for six months or longer.

Women Missing Work & School
One-third of low-income women reports missing work, school or similar commitments due to lack of access to period supplies.

Distributing Donated Product
Allied Programs distributed 19.7 million+ pads and tampons & 3.5 million+ liners in 2021.

Improving Lives
Period supplies from Allied Programs provided 4.9 million+ worry-free days & 3.5 million+ confident days in 2021.

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120+ Allied Programs Distribute 23.2 Million+ Period Supplies Annually and Serve 108,000+ Women and Girls Monthly

Alliance for Period Supplies
Alliance for Period Supplies raises national awareness of period poverty and supports the development and expansion of period supply programs in communities throughout the country.
In Hawaii, 1 in 9 women and girls between the age of 12 and 44 lives below the Federal Poverty Line.

Period Supplies Help Students Stay in School

1 in 4 teens in the US has missed class due to lack of access to period supplies. In Hawaii, 47% of female students in public school grades 7 to 12 attend Title I Eligible schools.

Period Supplies Are Necessities, Not Luxuries

Sales taxes on period supplies place an unequal burden on individuals who menstruate. 26 states tax period supplies. In Hawaii, period supplies are taxed.

Hawaii Menstruators Need Period Supplies

286,494 women and girls between the ages 12 to 44 live in Hawaii. Of those, 1 in 9 live below the Federal Poverty Line (FPL).

30,820 women and girls between the ages 12 to 44 live below 100% of the FPL.

Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.

55,100 women between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan.

While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.

6,636 women participate in the Women, Infants, and Children (WIC) Program.

Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

Hawaii has 1 Allied Program distributing period supplies.*

The Alliance for Period supplies is working to end period poverty by providing menstruators with worry-free days.**

* 2021 Figures
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United States
NATIONAL FACT SHEET ON PERIOD POVERTY

2 in 5 Women Struggles to Purchase Period Products Due to a Lack of Income.

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<th>Improving Lives</th>
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<tr>
<td>Allied Programs distributed 19.7 million+ pads and tampons &amp; 3.5 million+ liners in 2021.</td>
<td>Period supplies from Allied Programs provided 4.9 million+ worry-free days &amp; 3.5 million+ confident days in 2021.</td>
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70.3 Million women and girls between the ages 12 to 44 live in the United States. Of those, 1 in 6 lives below the Federal Poverty Line (FPL).

11.3 Million women and girls between the ages 12 to 44 live below 100% of the FPL. Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.

15.7 Million women and girls between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan. While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.

1.6 Million women participate in the Women, Infants, and Children (WIC) Program. Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

120+ Allied Programs Distribute 23.2 Million+ Period Supplies Annually and Serve 108,000+ Women and Girls Monthly

Alliance for Period Supplies raises national awareness of period poverty and supports the development and expansion of period supply programs in communities throughout the country.
Idaho
STATE FACT SHEET ON PERIOD POVERTY

In Idaho, 1 in 7 women and girls between the age of 12 and 44 lives below the Federal Poverty Line.

**Period Supplies Help Students Stay in School**

- **1 in 4 teens** in the US has missed class due to lack of access to period supplies.
- In Idaho, **51%** of female students in public school grades 7 to 12 attend Title I Eligible schools.

**Idaho Menstruators Need Period Supplies**

- **378,469** women and girls between the ages 12 to 44 live in Idaho.
  Of those, **1 in 7** live below the Federal Poverty Line (FPL).
- **57,678** women and girls between the ages 12 to 44 live below 100% of the FPL.
  Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.
- **72,900** women between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan.
  While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.
- **7,484** women participate in the Women, Infants, and Children (WIC) Program.
  Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

**Period Supplies Are Necessities, Not Luxuries**

- Sales taxes on period supplies place an unequal burden on individuals who menstruate.
- **26** states tax period supplies.
- In Idaho, period supplies are taxed.

Idaho has 1 Allied Program distributing period supplies.*
The Alliance for Period supplies is working to end period poverty by providing menstruators with worry-free days.**

---

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**United States**

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**Women in the Workforce**

Nearly 3 in 10 women ages 20 or older were unemployed in February 2022 and had been looking for work for six months or longer.

**Women Missing Work & School**

One-third of low-income women reports missing work, school or similar commitments due to lack of access to period supplies.

**Distributing Donated Product**

Allied Programs distributed 19.7 million+ pads and tampons & 3.5 million+ liners in 2021.

**Improving Lives**

Period supplies from Allied Programs provided 4.9 million+ worry-free days & 3.5 million+ confident days in 2021.

**70.3 Million**

women and girls between the ages 12 to 44 live in the United States. Of those, 1 in 6 lives below the Federal Poverty Line (FPL).

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**120+ Allied Programs Distribute 23.2 Million+ Period Supplies Annually and Serve 108,000+ Women and Girls Monthly**

Alliance for Period Supplies raises national awareness of period poverty and supports the development and expansion of period supply programs in communities throughout the country.
In Illinois, 1 in 7 women and girls between the age of 12 and 44 lives below the Federal Poverty Line.

**Period Supplies Help Students Stay in School**
- **1 in 4 teens** in the US has missed class due to lack of access to period supplies.
- In Illinois, **0%** of female students in public school grades 7 to 12 attend Title I Eligible schools.

**Period Supplies Are Necessities, Not Luxuries**
- Sales taxes on period supplies place an unequal burden on individuals who menstruate.
- 26 states tax period supplies.
- In Illinois, period supplies are **not** taxed.

### Illinois Menstruators Need Period Supplies

- **2,757,029** women and girls between the ages 12 to 44 live in Illinois.
- Of those, 1 in 7 live below the Federal Poverty Line (FPL).
- **409,177** women and girls between the ages 12 to 44 live below 100% of the FPL.
- Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.
- **499,000** women between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan.
- While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.
- **45,999** women participate in the Women, Infants, and Children (WIC) Program.
- Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

### Illinois’s 5 Allied Programs Distributed More Than

- **638,164** pads and tampons
- **195,884** liners

### Allied Programs Provided Menstruators with

- **159,541** worry-free days

---

* 2021 Figures
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Women in the Workforce
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Women Missing Work & School
One-third of low-income women reports missing work, school or similar commitments due to lack of access to period supplies.

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In **Indiana**, **1 in 6** women and girls between the age of 12 and 44 lives below the Federal Poverty Line.

<table>
<thead>
<tr>
<th>Period Supplies Help Students Stay in School</th>
<th>Period Supplies Are Necessities, Not Luxuries</th>
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<tbody>
<tr>
<td><strong>1 in 4 teens</strong> in the US has missed class due to lack of access to period supplies. In Indiana, <strong>89%</strong> of female students in public school grades 7 to 12 attend Title I Eligible schools.</td>
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**Indiana Menstruators Need Period Supplies**

<table>
<thead>
<tr>
<th>Number</th>
<th>Description</th>
</tr>
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<tbody>
<tr>
<td>1,435,947</td>
<td>women and girls between the ages 12 to 44 live in Indiana. Of those, <strong>1 in 6</strong> live below the Federal Poverty Line (FPL).</td>
</tr>
<tr>
<td>237,429</td>
<td>women and girls between the ages 12 to 44 live below <strong>100%</strong> of the FPL. Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.</td>
</tr>
<tr>
<td>338,900</td>
<td>women between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan. While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.</td>
</tr>
<tr>
<td>36,567</td>
<td>women participate in the <strong>Women, Infants, and Children (WIC)</strong> Program. Participants of the WIC program receive nutritious food. However, those living below <strong>185% FPL</strong> face challenges meeting other material basic necessities.</td>
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**Indiana’s 2 Allied Programs distributed more than**

<table>
<thead>
<tr>
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</tr>
</thead>
<tbody>
<tr>
<td>84,420</td>
<td>pads and tampons*</td>
</tr>
<tr>
<td>35,736</td>
<td>liners*</td>
</tr>
</tbody>
</table>

**Allied Programs Provided menstruators with**

<table>
<thead>
<tr>
<th>Number</th>
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</tr>
</thead>
<tbody>
<tr>
<td>21,105</td>
<td>worry-free days**</td>
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</table>

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Women in the Workforce
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Women Missing Work & School
One-third of low-income women reports missing work, school or similar commitments due to lack of access to period supplies.

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In **Iowa**, 1 in 7 women and girls between the age of 12 and 44 lives below the Federal Poverty Line.

---

**Period Supplies Help Students Stay in School**

1 in 4 teens in the US has missed class due to lack of access to period supplies. In Iowa, 91% of female students in public school grades 7 to 12 attend Title I Eligible schools.

---

**Period Supplies Are Necessities, Not Luxuries**

Sales taxes on period supplies place an unequal burden on individuals who menstruate. 26 states tax period supplies. In Iowa, period supplies are taxed.

---

**Iowa Menstruators Need Period Supplies**

- **658,500** women and girls between the ages 12 to 44 live in Iowa. Of those, 1 in 7 live below the Federal Poverty Line (FPL).
- **100,300** women and girls between the ages 12 to 44 live below 100% of the FPL. Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.
- **139,900** women between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan. While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.
- **14,246** women participate in the Women, Infants, and Children (WIC) Program. Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

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**Iowa has 1 Allied Program distributing period supplies.**

The Alliance for Period supplies is working to end period poverty by providing menstruators with worry-free days.

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* 2021 Figures
** Number of days Allied Programs provided menstruators with the recommended daily supply of period products in 2021.

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**alliance for PERIOD supplies**

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Allied Programs distributed 19.7 million+ pads and tampons & 3.5 million+ liners in 2021.

Improving Lives
Period supplies from Allied Programs provided 4.9 million+ worry-free days & 3.5 million+ confident days in 2021.

70.3 Million
women and girls between the ages 12 to 44 live in the United States. Of those, 1 in 6 lives below the Federal Poverty Line (FPL).

11.3 Million
women and girls between the ages 12 to 44 live below 100% of the FPL. Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.

15.7 Million
women and girls between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan. While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.

1.6 Million
women participate in the Women, Infants, and Children (WIC) Program. Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

120+ Allied Programs Distribute 23.2 Million+ Period Supplies Annually and Serve 108,000+ Women and Girls Monthly

Alliance for Period Supplies
Alliance for Period Supplies raises national awareness of period poverty and supports the development and expansion of period supply programs in communities throughout the country.

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Kansas

STATE FACT SHEET ON PERIOD POVERTY

In Kansas, 1 in 7 women and girls between the age of 12 and 44 lives below the Federal Poverty Line.

Period Supplies Help Students Stay in School

1 in 4 teens in the US has missed class due to lack of access to period supplies. In Kansas, 75% of female students in public school grades 7 to 12 attend Title I Eligible schools.

Period Supplies Are Necessities, Not Luxuries

Sales taxes on period supplies place an unequal burden on individuals who menstruate. 26 states tax period supplies. In Kansas, period supplies are taxed.

Kansas Menstruators Need Period Supplies

620,998 women and girls between the ages 12 to 44 live in Kansas. Of those, 1 in 7 live below the Federal Poverty Line (FPL).

94,003 women and girls between the ages 12 to 44 live below 100% of the FPL. Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.

70,900 women between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan. While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.

12,476 women participate in the Women, Infants, and Children (WIC) Program. Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

Kansas has 1 Allied Program distributing period supplies.* The Alliance for Period supplies is working to end period poverty by providing menstruators with worry-free days.**

* 2021 Figures
** Number of days Allied Programs provided menstruators with the recommended daily supply of period products in 2021.

Alliance for Period Supplies raises national awareness of period poverty and supports the development and expansion of period supply programs in communities throughout the country.

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2 in 5 Women Struggles to Purchase Period Products Due to a Lack of Income.

Alliance for Period Supplies works throughout the US to ensure that individuals in need have access to the essential period products they require to participate fully in daily life. Our Allied Programs nationwide collect, warehouse, and distribute menstrual products in local communities.

### Women in the Workforce
Nearly 3 in 10 women ages 20 or older were unemployed in February 2022 and had been looking for work for six months or longer.

### Women Missing Work & School
One-third of low-income women reports missing work, school or similar commitments due to lack of access to period supplies.

### Distributing Donated Product
Allied Programs distributed 19.7 million+ pads and tampons & 3.5 million+ liners in 2021.

### Improving Lives
Period supplies from Allied Programs provided 4.9 million+ worry-free days & 3.5 million+ confident days in 2021.

70.3 Million women and girls between the ages 12 to 44 live in the United States. Of those, 1 in 6 lives below the Federal Poverty Line (FPL).

11.3 Million women and girls between the ages 12 to 44 live below 100% of the FPL. Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.

15.7 Million women and girls between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan. While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.

1.6 Million women participate in the Women, Infants, and Children (WIC) Program. Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

120+ Allied Programs Distribute 23.2 Million+ Period Supplies Annually and Serve 108,000+ Women and Girls Monthly

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## Kentucky

**STATE FACT SHEET ON PERIOD POVERTY**

In **Kentucky**, **1 in 5** women and girls between the age of 12 and 44 lives below the Federal Poverty Line.

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<td>1 in 4 teens in the US has missed class due to lack of access to period supplies.</td>
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<td>In Kentucky, period supplies are taxed.</td>
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### Kentucky Menstruators Need Period Supplies

- **936,101** **women and girls between the ages 12 to 44 live in Kentucky.** Of those, **1 in 5** live below the Federal Poverty Line (FPL).
- **186,688** **women and girls between the ages 12 to 44 live below 100% of the FPL.** Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.
- **298,900** **women between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan.** While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.
- **23,400** **women participate in the Women, Infants, and Children (WIC) Program.** Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

**Kentucky has 1 Allied Program distributing period supplies.**

The Alliance for Period supplies is working to end period poverty by providing menstruators with worry-free days.

*2021 Figures

**Number of days Allied Programs provided menstruators with the recommended daily supply of period products in 2021.**

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**alliance for PERIOD supplies**

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United States
NATIONAL FACT SHEET ON PERIOD POVERTY

2 in 5 Women Struggles to Purchase Period Products Due to a Lack of Income.

Alliance for Period Supplies works throughout the US to ensure that individuals in need have access to the essential period products they require to participate fully in daily life. Our Allied Programs nationwide collect, warehouse, and distribute menstrual products in local communities.

Women in the Workforce
Nearly 3 in 10 women ages 20 or older were unemployed in February 2022 and had been looking for work for six months or longer.

Women Missing Work & School
One-third of low-income women reports missing work, school or similar commitments due to lack of access to period supplies.

Distributing Donated Product
Allied Programs distributed 19.7 million+ pads and tampons & 3.5 million+ liners in 2021.

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Period supplies from Allied Programs provided 4.9 million+ worry-free days & 3.5 million+ confident days in 2021.

70.3 Million women and girls between the ages 12 to 44 live in the United States. Of those, 1 in 6 lives below the Federal Poverty Line (FPL).

11.3 Million women and girls between the ages 12 to 44 live below 100% of the FPL. Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.

15.7 Million women and girls between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan. While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.

1.6 Million women participate in the Women, Infants, and Children (WIC) Program. Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

120+ Allied Programs Distribute 23.2 Million+ Period Supplies Annually and Serve 108,000+ Women and Girls Monthly

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In Louisiana, 2 in 9 women and girls between the age of 12 and 44 lives below the Federal Poverty Line.

Period Supplies Help Students Stay in School
1 in 4 teens in the US has missed class due to lack of access to period supplies.
In Louisiana, 82% of female students in public school grades 7 to 12 attend Title I Eligible schools.

Period Supplies Are Necessities, Not Luxuries
Sales taxes on period supplies place an unequal burden on individuals who menstruate.
26 states tax period supplies.
In Louisiana, period supplies are not taxed.

Louisiana Menstruators Need Period Supplies
1,018,772 women and girls between the ages 12 to 44 live in Louisiana.
Of those, 1 in 9 live below the Federal Poverty Line (FPL).

231,823 women and girls between the ages 12 to 44 live below 100% of the FPL.
Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.

384,700 women between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan.
While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.

27,443 women participate in the Women, Infants, and Children (WIC) Program.
Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

Louisiana’s 3 Allied Programs distributed more than
83,527 pads and tampons*
& 20,816 liners*

Allied Programs Provided menstruators with
20,882 worry-free days**

* 2021 Figures
** Number of days Allied Programs provided menstruators with the recommended daily supply of period products in 2021.

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United States

NATIONAL FACT SHEET ON PERIOD POVERTY

2 in 5 Women Struggles to Purchase Period Products Due to a Lack of Income.

Alliance for Period Supplies works throughout the US to ensure that individuals in need have access to the essential period products they require to participate fully in daily life. Our Allied Programs nationwide collect, warehouse, and distribute menstrual products in local communities.

Women in the Workforce

Nearly 3 in 10 women ages 20 or older were unemployed in February 2022 and had been looking for work for six months or longer.

Women Missing Work & School

One-third of low-income women reports missing work, school or similar commitments due to lack of access to period supplies.

Distributing Donated Product

Allied Programs distributed 19.7 million+ pads and tampons & 3.5 million+ liners in 2021.

Improving Lives

Period supplies from Allied Programs provided 4.9 million+ worry-free days & 3.5 million+ confident days in 2021.

70.3 Million

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1.6 Million

women participate in the Women, Infants, and Children (WIC) Program. Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

120+ Allied Programs Distribute 23.2 Million+ Period Supplies Annually and Serve 108,000+ Women and Girls Monthly

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Maine
STATE FACT SHEET ON PERIOD POVERTY

In Maine, 1 in 7 women and girls between the age of 12 and 44 lives below the Federal Poverty Line.

Period Supplies Help Students Stay in School
1 in 4 teens in the US has missed class due to lack of access to period supplies. In Maine, 80% of female students in public school grades 7 to 12 attend Title I Eligible schools.

Period Supplies Are Necessities, Not Luxuries
Sales taxes on period supplies place an unequal burden on individuals who menstruate. 26 states tax period supplies. In Maine, period supplies are not taxed.

Maine Menstruators Need Period Supplies
253,790 women and girls between the ages 12 to 44 live in Maine. Of those, 1 in 7 live below the Federal Poverty Line (FPL).
34,362 women and girls between the ages 12 to 44 live below 100% of the FPL. Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.
62,300 women between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan. While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.
3,271 women participate in the Women, Infants, and Children (WIC) Program. Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

Maine’s 2 Allied Programs distributed more than

86,344 pads and tampons*
& 2,304 liners*

Allied Programs Provided menstruators with

21,586 worry-free days**

* 2021 Figures
** Number of days Allied Programs provided menstruators with the recommended daily supply of period products in 2021.

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United States
NATIONAL FACT SHEET ON PERIOD POVERTY

2 in 5 Women Struggles to Purchase Period Products Due to a Lack of Income.

Alliance for Period Supplies works throughout the US to ensure that individuals in need have access to the essential period products they require to participate fully in daily life. Our Allied Programs nationwide collect, warehouse, and distribute menstrual products in local communities.

Women in the Workforce
Nearly 3 in 10 women ages 20 or older were unemployed in February 2022 and had been looking for work for six months or longer.

Women Missing Work & School
One-third of low-income women reports missing work, school or similar commitments due to lack of access to period supplies.

Distributing Donated Product
Allied Programs distributed 19.7 million+ pads and tampons & 3.5 million+ liners in 2021.

Improving Lives
Period supplies from Allied Programs provided 4.9 million+ worry-free days & 3.5 million+ confident days in 2021.

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120+ Allied Programs Distribute 23.2 Million+ Period Supplies Annually and Serve 108,000+ Women and Girls Monthly

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Maryland

STATE FACT SHEET ON PERIOD POVERTY

In Maryland, 1 in 9 women and girls between the age of 12 and 44 lives below the Federal Poverty Line.

Period Supplies Help Students Stay in School

1 in 4 teens in the US has missed class due to lack of access to period supplies.

In Maryland, 46% of female students in public school grades 7 to 12 attend Title I Eligible schools.

Period Supplies Are Necessities, Not Luxuries

Sales taxes on period supplies place an unequal burden on individuals who menstruate.

26 states tax period supplies.

In Maryland, period supplies are not taxed.

Maryland Menstruators Need Period Supplies

- 1,301,889 women and girls between the ages 12 to 44 live in Maryland. Of those, 1 in 9 live below the Federal Poverty Line (FPL).
- 141,423 women and girls between the ages 12 to 44 live below 100% of the FPL. Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.
- 267,900 women between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan. While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.
- 28,920 women participate in the Women, Infants, and Children (WIC) Program. Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

Maryland’s 4 Allied Programs distributed more than

- 260,648 pads and tampons*
- 68,325 liners*

Allied Programs Provided menstruators with

- 65,162 worry-free days**

* 2021 Figures
** Number of days Allied Programs provided menstruators with the recommended daily supply of period products in 2021.

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United States
NATIONAL FACT SHEET ON PERIOD POVERTY

2 in 5 Women Struggles to Purchase Period Products Due to a Lack of Income.

Alliance for Period Supplies works throughout the US to ensure that individuals in need have access to the essential period products they require to participate fully in daily life. Our Allied Programs nationwide collect, warehouse, and distribute menstrual products in local communities.

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# Massachusetts

**STATE FACT SHEET ON PERIOD POVERTY**

In **Massachusetts**, 1 in 9 women and girls between the age of 12 and 44 lives below the Federal Poverty Line.

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<td>In Massachusetts, 46% of female students in public school grades 7 to 12 attend Title I Eligible schools.</td>
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<td><strong>Massachusetts Menstruators Need Period Supplies</strong></td>
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<td><strong>1,504,468</strong> women and girls between the ages 12 to 44 live in <strong>Massachusetts</strong>. Of those, 1 in 9 live below the Federal Poverty Line (FPL).</td>
<td></td>
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<td><strong>172,718</strong> women and girls between the ages 12 to 44 live below 100% of the FPL. Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.</td>
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<td><strong>473,200</strong> women between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan. While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.</td>
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**Massachusetts’s 4 Allied Programs distributed more than**

- **1,907,019** pads and tampons*
- **71,348** liners*

**Allied Programs Provided menstruators with**

- **476,755** worry-free days**

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* 2021 Figures  
** Number of days Allied Programs provided menstruators with the recommended daily supply of period products in 2021.

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Alliance for Period Supplies raises national awareness of period poverty and supports the development and expansion of period supply programs in communities throughout the country.

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# United States

## NATIONAL FACT SHEET ON PERIOD POVERTY

### 2 in 5 Women Struggles to Purchase Period Products Due to a Lack of Income.

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### Distributing Donated Product

Allied Programs distributed 19.7 million+ pads and tampons & 3.5 million+ liners in 2021.

### Improving Lives

Period supplies from Allied Programs provided 4.9 million+ worry-free days & 3.5 million+ confident days in 2021.

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**120+** Allied Programs Distribute **23.2 Million+** Period Supplies Annually and Serve **108,000+** Women and Girls Monthly

Alliance for Period Supplies raises national awareness of period poverty and supports the development and expansion of period supply programs in communities throughout the country.
Michigan
STATE FACT SHEET ON PERIOD POVERTY

In Michigan, 1 in 6 women and girls between the age of 12 and 44 lives below the Federal Poverty Line.

Period Supplies Help Students Stay in School
1 in 4 teens in the US has missed class due to lack of access to period supplies.
In Michigan, 61% of female students in public school grades 7 to 12 attend Title I Eligible schools.

Period Supplies Are Necessities, Not Luxuries
Sales taxes on period supplies place an unequal burden on individuals who menstruate.
26 states tax period supplies.
In Michigan, period supplies are not taxed.

Michigan Menstruators Need Period Supplies
2,060,389 women and girls between the ages 12 to 44 live in Michigan. Of those, 1 in 6 live below the Federal Poverty Line (FPL).
359,755 women and girls between the ages 12 to 44 live below 100% of the FPL. Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.
641,200 women between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan. While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.
46,316 women participate in the Women, Infants, and Children (WIC) Program. Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

Michigan’s 7 Allied Programs distributed more than 1,093,040 pads and tampons & 229,190 liners

Allied Programs Provided menstruators with 273,260 worry-free days

* 2021 Figures
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United States
NATIONAL FACT SHEET ON PERIOD POVERTY

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120+ Allied Programs Distribute **23.2 Million+** Period Supplies Annually and Serve **108,000+** Women and Girls Monthly

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Alliance for Period Supplies
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Minnesota
STATE FACT SHEET ON PERIOD POVERTY

In Minnesota, 1 in 9 women and girls between the age of 12 and 44 lives below the Federal Poverty Line.

Period Supplies Help Students Stay in School

1 in 4 teens in the US has missed class due to lack of access to period supplies. In Minnesota, 93% of female students in public school grades 7 to 12 attend Title I Eligible schools.

Period Supplies Are Necessities, Not Luxuries

Sales taxes on period supplies place an unequal burden on individuals who menstruate. 26 states tax period supplies. In Minnesota, period supplies are not taxed.

Minnesota Menstruators Need Period Supplies

1,184,718 women and girls between the ages 12 to 44 live in Minnesota. Of those, 1 in 9 live below the Federal Poverty Line (FPL).

138,506 women and girls between the ages 12 to 44 live below 100% of the FPL. Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.

160,300 women between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan. While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.

23,600 women participate in the Women, Infants, and Children (WIC) Program. Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

Minnesota has 1 Allied Program distributing period supplies.* The Alliance for Period supplies is working to end period poverty by providing menstruators with worry-free days.**

* 2021 Figures
** Number of days Allied Programs provided menstruators with the recommended daily supply of period products in 2021.

Alliance for Period Supplies raises national awareness of period poverty and supports the development and expansion of period supply programs in communities throughout the country.

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United States
NATIONAL FACT SHEET ON PERIOD POVERTY

2 in 5 Women Struggles to Purchase Period Products Due to a Lack of Income.

Alliance for Period Supplies works throughout the US to ensure that individuals in need have access to the essential period products they require to participate fully in daily life. Our Allied Programs nationwide collect, warehouse, and distribute menstrual products in local communities.

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Distributing Donated Product

Allied Programs distributed **19.7 million+** pads and tampons & **3.5 million+** liners in 2021.

Improving Lives

Period supplies from Allied Programs provided **4.9 million+** worry-free days & **3.5 million+** confident days in 2021.

- **70.3 Million** women and girls between the ages 12 to 44 live in the United States. Of those, **1 in 6** lives below the Federal Poverty Line (FPL).
- **11.3 Million** women and girls between the ages 12 to 44 live below 100% of the FPL. Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.
- **15.7 Million** women and girls between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan. While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.
- **1.6 Million** women participate in the Women, Infants, and Children (WIC) Program. Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

**120+** Allied Programs Distribute **23.2 Million+** Period Supplies Annually and Serve **108,000+** Women and Girls Monthly

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Mississippi
STATE FACT SHEET ON PERIOD POVERTY

In Mississippi, 1 in 4 women and girls between the age of 12 and 44 lives below the Federal Poverty Line.

Period Supplies Help Students Stay in School

1 in 4 teens in the US has missed class due to lack of access to period supplies.
In Mississippi, 87% of female students in public school grades 7 to 12 attend Title I Eligible schools.

Period Supplies Are Necessities, Not Luxuries

Sales taxes on period supplies place an unequal burden on individuals who menstruate.
26 states tax period supplies.
In Mississippi, period supplies are taxed.

Mississippi Menstruators Need Period Supplies

650,542 women and girls between the ages 12 to 44 live in Mississippi.
Of those, 1 in 4 live below the Federal Poverty Line (FPL).

155,232 women and girls between the ages 12 to 44 live below 100% of the FPL.
Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.

119,900 women between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan.
While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.

19,005 women participate in the Women, Infants, and Children (WIC) Program.
Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

Mississippi has 1 Allied Program distributing period supplies.*
The Alliance for Period supplies is working to end period poverty by providing menstruators with worry-free days.**

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Missouri
STATE FACT SHEET ON PERIOD POVERTY

In **Missouri, 1 in 6** women and girls between the age of 12 and 44 lives below the Federal Poverty Line.

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<td>Sales taxes on period supplies place an unequal burden on individuals who menstruate.</td>
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<td>In Missouri, <strong>76%</strong> of female students in public school grades 7 to 12 attend Title I Eligible schools.</td>
<td>26 states tax period supplies.</td>
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<td><strong>1,292,815</strong> women and girls between the ages 12 to 44 live in Missouri. Of those, 1 in 6 live below the Federal Poverty Line (FPL).</td>
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<td><strong>207,978</strong> women and girls between the ages 12 to 44 live below 100% of the FPL. Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.</td>
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<td><strong>146,600</strong> women between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan. While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.</td>
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**Missouri Menstruators Need Period Supplies**

- **1,292,815** women and girls between the ages 12 to 44 live in Missouri. Of those, **1 in 6** live below the Federal Poverty Line (FPL).
- **207,978** women and girls between the ages 12 to 44 live below 100% of the Federal Poverty Line (FPL).
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- **26,796** women participate in the Women, Infants, and Children (WIC) Program. Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

**Missouri’s 3 Allied Programs Distributed More Than**

- **347,192** pads and tampons*
- **84,043** liners*

**Allied Programs Provided Menstruators with**

- **86,798** worry-free days**

* 2021 Figures
** Number of days Allied Programs provided menstruators with the recommended daily supply of period products in 2021.

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Nearly 3 in 10 women ages 20 or older were unemployed in February 2022 and had been looking for work for six months or longer.

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120+ Allied Programs Distribute 23.2 Million+ Period Supplies Annually and Serve 108,000+ Women and Girls Monthly

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In Montana, 1 in 6 women and girls between the age of 12 and 44 lives below the Federal Poverty Line.

**Figures**

Number of days Allied Programs provided menstruators with the recommended daily supply of period products in 2021.

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**Montana Menstruators Need Period Supplies**

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<td><strong>213,632</strong></td>
<td>Women and girls between the ages 12 to 44 live in Montana. Of those, 1 in 6 live below the Federal Poverty Line (FPL).</td>
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**Montana Needs Help Ending Period Poverty**

Montana has 0 Alliance for Period Supplies-member programs. Consider starting a period supply program today!

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United States
NATIONAL FACT SHEET ON PERIOD POVERTY

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Nebraska

STATE FACT SHEET ON PERIOD POVERTY

In Nebraska, 1 in 8 women and girls between the age of 12 and 44 lives below the Federal Poverty Line.

Period Supplies Help Students Stay in School

1 in 4 teens in the US has missed class due to lack of access to period supplies. In Nebraska, 15% of female students in public school grades 7 to 12 attend Title I Eligible schools.

Period Supplies Are Necessities, Not Luxuries

Sales taxes on period supplies place an unequal burden on individuals who menstruate. 26 states tax period supplies. In Nebraska, period supplies are taxed.

Nebraska Menstruators Need Period Supplies

412,694  women and girls between the ages 12 to 44 live in Nebraska. Of those, 1 in 8 live below the Federal Poverty Line (FPL).

54,018  women and girls between the ages 12 to 44 live below 100% of the FPL. Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.

55,600  women between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan. While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.

7,981  women participate in the Women, Infants, and Children (WIC) Program. Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

Nebraska Needs Help Ending Period Poverty

Nebraska has 0 Alliance for Period Supplies-member programs. Consider starting a period supply program today!

* 2021 Figures
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1.6 Million women participate in the Women, Infants, and Children (WIC) Program. Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

120+ Allied Programs Distribute 23.2 Million+ Period Supplies Annually and Serve 108,000+ Women and Girls Monthly

Alliance for Period Supplies raises national awareness of period poverty and supports the development and expansion of period supply programs in communities throughout the country.
In Nevada, 1 in 7 women and girls between the age of 12 and 44 lives below the Federal Poverty Line.

**Period Supplies Help Students Stay in School**

- 1 in 4 teens in the US has missed class due to lack of access to period supplies.
- In Nevada, 71% of female students in public school grades 7 to 12 attend Title I Eligible schools.

**Period Supplies Are Necessities, Not Luxuries**

- Sales taxes on period supplies place an unequal burden on individuals who menstruate.
- 26 states tax period supplies.
- In Nevada, period supplies are not taxed.

**Nevada Menstruators Need Period Supplies**

- **652,453** women and girls between the ages 12 to 44 live in Nevada. Of those, 1 in 7 live below the Federal Poverty Line (FPL).
- **100,072** women and girls between the ages 12 to 44 live below 100% of the FPL. Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.
- **184,400** women between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan. While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.
- **14,349** women participate in the Women, Infants, and Children (WIC) Program. Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

**Nevada's 2 Allied Programs**

- Distributed more than **390,107** pads and tampons*
- & **119,171** liners*

**Allied Programs Provided menstruators with**

- **97,527** worry-free days**

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New Hampshire
STATE FACT SHEET ON PERIOD POVERTY

In New Hampshire, 1 in 9 women and girls between the age of 12 and 44 lives below the Federal Poverty Line.

Period Supplies Help Students Stay in School
1 in 4 teens in the US has missed class due to lack of access to period supplies. In New Hampshire, 88% of female students in public school grades 7 to 12 attend Title I Eligible schools.

Period Supplies Are Necessities, Not Luxuries
Sales taxes on period supplies place an unequal burden on individuals who menstruate. 26 states tax period supplies. In New Hampshire, period supplies are not taxed.

New Hampshire Menstruators Need Period Supplies

268,018 women and girls between the ages 12 to 44 live in New Hampshire. Of those, 1 in 9 live below the Federal Poverty Line (FPL).

25,904 women and girls between the ages 12 to 44 live below 100% of the FPL. Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.

37,300 women between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan. While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.

2,854 women participate in the Women, Infants, and Children (WIC) Program. Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

New Hampshire Needs Help Ending Period Poverty*
New Hampshire has 0 Alliance for Period Supplies-member programs. Consider starting a period supply program today!

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In **New Jersey**, **1 in 9** women and girls between the age of 12 and 44 live below the Federal Poverty Line.

## Period Supplies Help Students Stay in School

- **1 in 4** teens in the US has missed class due to lack of access to period supplies.

  In New Jersey, **68%** of female students in public school grades 7 to 12 attend Title I Eligible schools.

## Period Supplies Are Necessities, Not Luxuries

- Sales taxes on period supplies place an unequal burden on individuals who menstruate.
  - **26** states tax period supplies.
  - In New Jersey, period supplies are **not** taxed.

## New Jersey Menstruators Need Period Supplies

- **1,841,982** women and girls between the ages 12 to 44 live in New Jersey. Of those, **1 in 9** live below the Federal Poverty Line (FPL).
- **213,014** women and girls between the ages 12 to 44 live below 100% of the FPL. Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.
- **396,000** women between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan. While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.
- **34,737** women participate in the Women, Infants, and Children (WIC) Program. Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

## New Jersey’s 4 Allied Programs Distributed More Than Period Products

- **932,885** pads and tampons*
- **32,197** liners*
- **233,221** worry-free days**

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NATIONAL FACT SHEET ON PERIOD POVERTY

2 in 5 Women Struggles to Purchase Period Products Due to a Lack of Income.

Alliance for Period Supplies works throughout the US to ensure that individuals in need have access to the essential period products they require to participate fully in daily life. Our Allied Programs nationwide collect, warehouse, and distribute menstrual products in local communities.

### Women in the Workforce
Nearly 3 in 10 women ages 20 or older were unemployed in February 2022 and had been looking for work for six months or longer.

### Women Missing Work & School
One-third of low-income women reports missing work, school or similar commitments due to lack of access to period supplies.

### Distributing Donated Product
Allied Programs distributed 19.7 million+ pads and tampons & 3.5 million+ liners in 2021.

### Improving Lives
Period supplies from Allied Programs provided 4.9 million+ worry-free days & 3.5 million+ confident days in 2021.

70.3 Million women and girls between the ages 12 to 44 live in the United States. Of those, 1 in 6 lives below the Federal Poverty Line (FPL).

11.3 Million women and girls between the ages 12 to 44 live below 100% of the FPL. Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.

15.7 Million women and girls between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan. While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.

1.6 Million women participate in the Women, Infants, and Children (WIC) Program. Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

120+ Allied Programs Distribute 23.2 Million+ Period Supplies Annually and Serve 108,000+ Women and Girls Monthly

Alliance for Period Supplies raises national awareness of period poverty and supports the development and expansion of period supply programs in communities throughout the country.
New Mexico
STATE FACT SHEET ON PERIOD POVERTY

In New Mexico, 2 in 9 women and girls between the age of 12 and 44 lives below the Federal Poverty Line.

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<td>In New Mexico, period supplies are taxed.</td>
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New Mexico Menstruators Need Period Supplies

- **440,156** women and girls between the ages 12 to 44 live in New Mexico. Of those, 1 in 9 live below the Federal Poverty Line (FPL).
- **98,915** women and girls between the ages 12 to 44 live below 100% of the FPL. Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.
- **172,100** women between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan. While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.
- **10,283** women participate in the Women, Infants, and Children (WIC) Program. Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

New Mexico has 2 Allied Program distributing period supplies.*
The Alliance for Period supplies is working to end period poverty by providing menstruators with worry-free days.**

* 2021 Figures
** Number of days Allied Programs provided menstruators with the recommended daily supply of period products in 2021.
United States
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New York
STATE FACT SHEET ON PERIOD POVERTY

In New York, 1 in 6 women and girls between the age of 12 and 44 live below the Federal Poverty Line.

**Period Supplies Help Students Stay in School**

1 in 4 teens in the US has missed class due to lack of access to period supplies.

In New York, 65% of female students in public school grades 7 to 12 attend Title I Eligible schools.

**Period Supplies Are Necessities, Not Luxuries**

Sales taxes on period supplies place an unequal burden on individuals who menstruate.

26 states tax period supplies.

In New York, period supplies are not taxed.

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**New York Menstruators Need Period Supplies**

4,232,635 women and girls between the ages 12 to 44 live in New York.

Of those, 1 in 6 live below the Federal Poverty Line (FPL).

665,124 women and girls between the ages 12 to 44 live below 100% of the FPL.

Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.

1,438,600 women between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan.

While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.

92,578 women participate in the Women, Infants, and Children (WIC) Program.

Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

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**New York’s 6 Allied Programs** distributed more than

243,747 pads and tampons*

& 69,076 liners*

**Allied Programs Provided menstruators with**

60,937 worry-free days**

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* 2021 Figures

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North Carolina
STATE FACT SHEET ON PERIOD POVERTY

In North Carolina, 1 in 6 women and girls between the age of 12 and 44 lives below the Federal Poverty Line.

Period Supplies Help Students Stay in School

1 in 4 teens in the US has missed class due to lack of access to period supplies.
In North Carolina, 67% of female students in public school grades 7 to 12 attend Title I Eligible schools.

Period Supplies Are Necessities, Not Luxuries

Sales taxes on period supplies place an unequal burden on individuals who menstruate.
26 states tax period supplies.
In North Carolina, period supplies are taxed.

North Carolina Menstruators Need Period Supplies

2,241,805 women and girls between the ages 12 to 44 live in North Carolina. Of those, 1 in 6 live below the Federal Poverty Line (FPL).

383,354 women and girls between the ages 12 to 44 live below 100% of the FPL. Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.

373,800 women between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan. While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.

57,422 women participate in the Women, Infants, and Children (WIC) Program. Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

North Carolina’s 3 Allied Programs distributed more than 456,426 pads and tampons & 196,993 liners.

Allied Programs Provided menstruators with 114,107 worry-free days.

* 2021 Figures
** Number of days Allied Programs provided menstruators with the recommended daily supply of period products in 2021.

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**United States**

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**Women and girls between the ages 12 to 44 live in the United States.** Of those, **1 in 6** lives below the Federal Poverty Line (FPL).

**70.3 Million**

**11.3 Million**

**15.7 Million**

**1.6 Million**

| **120+** Allied Programs Distribute **23.2 Million+** Period Supplies Annually and Serve **108,000+** Women and Girls Monthly |

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North Dakota
STATE FACT SHEET ON PERIOD POVERTY

In North Dakota, 1 in 7 women and girls between the age of 12 and 44 lives below the Federal Poverty Line.

Period Supplies Help Students Stay in School

1 in 4 teens in the US has missed class due to lack of access to period supplies. In North Dakota, 19% of female students in public school grades 7 to 12 attend Title I Eligible schools.

Period Supplies Are Necessities, Not Luxuries

Sales taxes on period supplies place an unequal burden on individuals who menstruate. 26 states tax period supplies. In North Dakota, period supplies are taxed.

North Dakota Menstruators Need Period Supplies

163,734 women and girls between the ages 12 to 44 live in North Dakota. Of those, 1 in 7 live below the Federal Poverty Line (FPL).

22,294 women and girls between the ages 12 to 44 live below 100% of the FPL. Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.

20,300 women between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan. While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.

2,447 women participate in the Women, Infants, and Children (WIC) Program. Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

North Dakota Needs Help Ending Period Poverty*

North Dakota has 0 Alliance for Period Supplies-member programs. Consider starting a period supply program today!

* 2021 Figures
** Number of days Allied Programs provided menstruators with the recommended daily supply of period products in 2021.

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**Women in the Workforce**

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In **Ohio**, 1 in 6 women and girls between the age of 12 and 44 lives below the Federal Poverty Line.

### Ohio Menstruators Need Period Supplies

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<th>Category</th>
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<td><strong>Women and girls between the ages 12 to 44 live in Ohio.</strong></td>
<td>2,425,948</td>
<td>Of those, 1 in 6 live below the Federal Poverty Line (FPL).</td>
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<td><strong>Women and girls between the ages 12 to 44 live below 100% of the FPL.</strong></td>
<td>415,048</td>
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<td><strong>Women between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan.</strong></td>
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<td><strong>Women participate in the Women, Infants, and Children (WIC) Program.</strong></td>
<td>46,219</td>
<td>Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.</td>
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Ohio's 7 Allied Programs distributed more than **792,987** pads and tampons* & **69,897** liners* and **198,247** worry-free days**

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* 2021 Figures
** Number of days Allied Programs provided menstruators with the recommended daily supply of period products in 2021.

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**Ohio**

**STATE FACT SHEET ON PERIOD POVERTY**

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### United States
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**120+ Allied Programs Distribute 23.2 Million+ Period Supplies Annually and Serve 108,000+ Women and Girls Monthly**

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Oklahoma
STATE FACT SHEET ON PERIOD POVERTY

In Oklahoma, 1 in 5 women and girls between the age of 12 and 44 lives below the Federal Poverty Line.

Period Supplies Help Students Stay in School

1 in 4 teens in the US has missed class due to lack of access to period supplies.

In Oklahoma, 53% of female students in public school grades 7 to 12 attend Title I Eligible schools.

Period Supplies Are Necessities, Not Luxuries

Sales taxes on period supplies place an unequal burden on individuals who menstruate.

26 states tax period supplies.

In Oklahoma, period supplies are taxed.

Oklahoma Menstruators Need Period Supplies

848,573 women and girls between the ages 12 to 44 live in Oklahoma.

Of those, 1 in 5 live below the Federal Poverty Line (FPL).

159,468 women and girls between the ages 12 to 44 live below 100% of the FPL.

Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.

148,600 women between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan.

While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.

21,203 women participate in the Women, Infants, and Children (WIC) Program.

Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

Oklahoma's 5 Allied Programs distributed more than 43,906 pads and tampons* & 150 liners*

Allied Programs Provided menstruators with 10,977 worry-free days**

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In Oregon, 1 in 6 women and girls between the age of 12 and 44 lives below the Federal Poverty Line.

**Oregon Menstruators Need Period Supplies**

- **894,750** women and girls between the ages 12 to 44 live in Oregon. Of those, 1 in 6 live below the Federal Poverty Line (FPL).
- **138,916** women and girls between the ages 12 to 44 live below 100% of the FPL. Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.
- **238,900** women between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan. While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.
- **17,256** women participate in the Women, Infants, and Children (WIC) Program. Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

Oregon has 1 Allied Program distributing period supplies.* The Alliance for Period supplies is working to end period poverty by providing menstruators with worry-free days.**

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Pennsylvania
STATE FACT SHEET ON PERIOD POVERTY

In Pennsylvania, 1 in 7 women and girls between the age of 12 and 44 lives below the Federal Poverty Line.

Period Supplies Help Students Stay in School

1 in 4 teens in the US has missed class due to lack of access to period supplies.
In Pennsylvania, 77% of female students in public school grades 7 to 12 attend Title I Eligible schools.

Period Supplies Are Necessities, Not Luxuries

Sales taxes on period supplies place an unequal burden on individuals who menstruate.
26 states tax period supplies.
In Pennsylvania, period supplies are not taxed.

Pennsylvania Menstruators Need Period Supplies

2,603,849 women and girls between the ages 12 to 44 live in Pennsylvania. Of those, 1 in 7 live below the Federal Poverty Line (FPL).

385,428 women and girls between the ages 12 to 44 live below 100% of the FPL. Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.

607,700 women between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan. While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.

47,661 women participate in the Women, Infants, and Children (WIC) Program. Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

Pennsylvania’s 8 Allied Programs distributed more than 1,094,290 pads and tampons
& 280,650 liners.*

Allied Programs Provided menstruators with 273,573 worry-free days**

* 2021 Figures
** Number of days Allied Programs provided menstruators with the recommended daily supply of period products in 2021.

Alliance for Period Supplies raises national awareness of period poverty and supports the development and expansion of period supply programs in communities throughout the country.

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United States
NATIONAL FACT SHEET ON PERIOD POVERTY

2 in 5 Women Struggles to Purchase Period Products Due to a Lack of Income.

Alliance for Period Supplies works throughout the US to ensure that individuals in need have access to the essential period products they require to participate fully in daily life. Our Allied Programs nationwide collect, warehouse, and distribute menstrual products in local communities.

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70.3 Million women and girls between the ages 12 to 44 live in the United States. Of those, 1 in 6 lives below the Federal Poverty Line (FPL).

11.3 Million women and girls between the ages 12 to 44 live below 100% of the FPL. Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.

15.7 Million women and girls between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan. While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.

1.6 Million women participate in the Women, Infants, and Children (WIC) Program. Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

120+ Allied Programs Distribute 23.2 Million+ Period Supplies Annually and Serve 108,000+ Women and Girls Monthly

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Rhode Island
STATE FACT SHEET ON PERIOD POVERTY

In Rhode Island, 1 in 8 women and girls between the age of 12 and 44 lives below the Federal Poverty Line.

Period Supplies Help Students Stay in School

1 in 4 teens in the US has missed class due to lack of access to period supplies. In Rhode Island, 82% of female students in public school grades 7 to 12 attend Title I Eligible schools.

Period Supplies Are Necessities, Not Luxuries

Sales taxes on period supplies place an unequal burden on individuals who menstruate. 26 states tax period supplies. In Rhode Island, period supplies are not taxed.

Rhode Island Menstruators Need Period Supplies

226,222 women and girls between the ages 12 to 44 live in Rhode Island. Of those, 1 in 8 live below the Federal Poverty Line (FPL).

29,500 women and girls between the ages 12 to 44 live below 100% of the FPL. Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.

63,200 women between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan. While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.

4,095 women participate in the Women, Infants, and Children (WIC) Program. Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

Rhode Island has 2 Allied Programs distributing period supplies.*
The Alliance for Period supplies is working to end period poverty by providing menstruators with worry-free days.**

* 2021 Figures
** Number of days Allied Programs provided menstruators with the recommended daily supply of period products in 2021.

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70.3 Million women and girls between the ages 12 to 44 live in the United States. Of those, 1 in 6 lives below the Federal Poverty Line (FPL).

11.3 Million women and girls between the ages 12 to 44 live below 100% of the FPL. Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.

15.7 Million women and girls between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan. While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.

1.6 Million women participate in the Women, Infants, and Children (WIC) Program. Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

120+ Allied Programs Distribute 23.2 Million+ Period Supplies Annually and Serve 108,000+ Women and Girls Monthly

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**South Carolina**

**STATE FACT SHEET ON PERIOD POVERTY**

In *South Carolina*, 1 in 5 women and girls between the age of 12 and 44 lives below the Federal Poverty Line.

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**Period Supplies Help Students Stay in School**

- *1 in 4 teens* in the US has missed class due to lack of access to period supplies. In *South Carolina*, 17% of female students in public school grades 7 to 12 attend Title I Eligible schools.

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**Period Supplies Are Necessities, Not Luxuries**

- Sales taxes on period supplies place an unequal burden on individuals who menstruate. 26 states tax period supplies. In *South Carolina*, period supplies are taxed.

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**South Carolina Menstruators Need Period Supplies**

- *1,071,569* women and girls between the ages 12 to 44 live in *South Carolina*. Of those, 1 in 5 live below the Federal Poverty Line (FPL).

- *194,855* women and girls between the ages 12 to 44 live below 100% of the FPL. Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.

- *199,700* women between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan. While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.

- *22,671* women participate in the Women, Infants, and Children (WIC) Program. Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

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**South Carolina’s 2 Allied Programs distributed more than**

- 1,258,292 pads and tampons
- 100,149 liners

**Allied Programs Provided menstruators with**

- 314,573 worry-free days

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* 2021 Figures

** Number of days Allied Programs provided menstruators with the recommended daily supply of period products in 2021.

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United States
NATIONAL FACT SHEET ON PERIOD POVERTY

2 in 5 Women Struggles to Purchase Period Products Due to a Lack of Income.

Alliance for Period Supplies works throughout the US to ensure that individuals in need have access to the essential period products they require to participate fully in daily life. Our Allied Programs nationwide collect, warehouse, and distribute menstrual products in local communities.

Women in the Workforce
Nearly 3 in 10 women ages 20 or older were unemployed in February 2022 and had been looking for work for six months or longer.

Women Missing Work & School
One-third of low-income women reports missing work, school or similar commitments due to lack of access to period supplies.

Distributing Donated Product
Allied Programs distributed 19.7 million+ pads and tampons & 3.5 million+ liners in 2021.

Improving Lives
Period supplies from Allied Programs provided 4.9 million+ worry-free days & 3.5 million+ confident days in 2021.

70.3 Million
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120+ Allied Programs Distribute 23.2 Million+ Period Supplies Annually and Serve 108,000+ Women and Girls Monthly

alliance for PERIOD supplies
Alliance for Period Supplies raises national awareness of period poverty and supports the development and expansion of period supply programs in communities throughout the country.

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### South Dakota

**STATE FACT SHEET ON PERIOD POVERTY**

In South Dakota, **1 in 6** women and girls between the age of 12 and 44 lives below the Federal Poverty Line.

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#### Period Supplies Help Students Stay in School

- **1 in 4 teens** in the US has missed class due to lack of access to period supplies.
- In South Dakota, **64%** of female students in public school grades 7 to 12 attend Title I Eligible schools.

#### Period Supplies Are Necessities, Not Luxuries

- Sales taxes on period supplies place an unequal burden on individuals who menstruate.
- **26** states tax period supplies.
- In South Dakota, period supplies are **taxed**.

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#### South Dakota Menstruators Need Period Supplies

<table>
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<tr>
<th>Women and Girls</th>
<th>Need</th>
<th>Description</th>
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<tr>
<td><strong>179,770</strong></td>
<td>women and girls between the ages 12 to 44 live in South Dakota. Of those, <strong>1 in 6</strong> live below the Federal Poverty Line (FPL).</td>
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<td><strong>28,564</strong></td>
<td>women and girls between the ages 12 to 44 live below 100% of the FPL. Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.</td>
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<td><strong>16,100</strong></td>
<td>women between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan. While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.</td>
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<td><strong>2,942</strong></td>
<td>women participate in the Women, Infants, and Children (WIC) Program. Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.</td>
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**South Dakota has 2 Allied Programs distributing period supplies.**

The Alliance for Period supplies is working to end period poverty by providing menstruators with worry-free days.

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* 2021 Figures
** Number of days Allied Programs provided menstruators with the recommended daily supply of period products in 2021.

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**Alliance for Period Supplies** raises national awareness of period poverty and supports the development and expansion of period supply programs in communities throughout the country.

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## United States

### NATIONAL FACT SHEET ON PERIOD POVERTY

### 2 in 5 Women Struggles to Purchase Period Products Due to a Lack of Income.

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### Distributing Donated Product

Allied Programs distributed 19.7 million+ pads and tampons & 3.5 million+ liners in 2021.

### Improving Lives

Period supplies from Allied Programs provided 4.9 million+ worry-free days & 3.5 million+ confident days in 2021.

### 70.3 Million

Women and girls between the ages 12 to 44 live in the United States. Of those, 1 in 6 lives below the Federal Poverty Line (FPL).

### 11.3 Million

Women and girls between the ages 12 to 44 live below 100% of the FPL. Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.

### 15.7 Million

Women and girls between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan. While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.

### 1.6 Million

Women participate in the Women, Infants, and Children (WIC) Program. Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

### 120+ Allied Programs Distribute 23.2 Million+ Period Supplies Annually and Serve 108,000+ Women and Girls Monthly

Alliance for Period Supplies raises national awareness of period poverty and supports the development and expansion of period supply programs in communities throughout the country.

Contact information:
- @periodsupplies
- info@allianceforperiodsupplies.org
- allianceforperiodsupplies.org
In Tennessee, 1 in 6 women and girls between the age of 12 and 44 lives below the Federal Poverty Line.

**Period Supplies Help Students Stay in School**

1 in 4 teens in the US has missed class due to lack of access to period supplies. In Tennessee, 72% of female students in public school grades 7 to 12 attend Title I Eligible schools.

**Period Supplies Are Necessities, Not Luxuries**

Sales taxes on period supplies place an unequal burden on individuals who menstruate. 26 states tax period supplies. In Tennessee, period supplies are taxed.

### Tennessee Menstruators Need Period Supplies

- **1,454,399** women and girls between the ages 12 to 44 live in Tennessee. Of those, 1 in 6 live below the Federal Poverty Line (FPL).
- **254,509** women and girls between the ages 12 to 44 live below 100% of the FPL. Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.
- **330,800** women between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan. While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.
- **37,365** women participate in the Women, Infants, and Children (WIC) Program. Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

### Tennessee's 4 Allied Programs Distributed More Than

- **615,286** pads and tampons
- **201,896** liners

### Allied Programs Provided Menstruators with

**153,822** worry-free days

* 2021 Figures
** Number of days Allied Programs provided menstruators with the recommended daily supply of period products in 2021.

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United States

NATIONAL FACT SHEET ON PERIOD POVERTY

2 in 5 Women Struggles to Purchase Period Products Due to a Lack of Income.

Alliance for Period Supplies works throughout the US to ensure that individuals in need have access to the essential period products they require to participate fully in daily life. Our Allied Programs nationwide collect, warehouse, and distribute menstrual products in local communities.

Women in the Workforce
Nearly 3 in 10 women ages 20 or older were unemployed in February 2022 and had been looking for work for six months or longer.

Women Missing Work & School
One-third of low-income women reports missing work, school or similar commitments due to lack of access to period supplies.

Distributing Donated Product
Allied Programs distributed 19.7 million+ pads and tampons & 3.5 million+ liners in 2021.

Improving Lives
Period supplies from Allied Programs provided 4.9 million+ worry-free days & 3.5 million+ confident days in 2021.

70.3 Million women and girls between the ages 12 to 44 live in the United States. Of those, 1 in 6 lives below the Federal Poverty Line (FPL).

11.3 Million women and girls between the ages 12 to 44 live below 100% of the FPL. Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.

15.7 Million women and girls between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan. While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.

1.6 Million women participate in the Women, Infants, and Children (WIC) Program. Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

120+ Allied Programs Distribute 23.2 Million+ Period Supplies Annually and Serve 108,000+ Women and Girls Monthly

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In **Texas**, **1 in 6** women and girls between the age of 12 and 44 lives below the Federal Poverty Line.

### Period Supplies Help Students Stay in School
- 1 in 4 teens in the US has missed class due to lack of access to period supplies.
- In Texas, **78%** of female students in public school grades 7 to 12 attend Title I Eligible schools.

### Period Supplies Are Necessities, Not Luxuries
- Sales taxes on period supplies place an unequal burden on individuals who menstruate.
- **26** states tax period supplies.
- In Texas, period supplies **are** taxed.

### Texas Menstruators Need Period Supplies
- **6,595,728** women and girls between the ages 12 to 44 live in Texas.
- Of those, **1 in 6** live below the Federal Poverty Line (FPL).
- **1,106,337** women and girls between the ages 12 to 44 live below 100% of the FPL.
- Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.
- **692,300** women between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan.
- While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.
- **207,887** women participate in the Women, Infants, and Children (WIC) Program.
- Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

### Texas's 9 Allied Programs Distributed More Than
- **693,796** pads and tampons*
- **220,634** liners*

### Allied Programs Provided Menstruators with
- **173,449** worry-free days**

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* 2021 Figures
** Number of days Allied Programs provided menstruators with the recommended daily supply of period products in 2021.

Alliance for Period Supplies raises national awareness of period poverty and supports the development and expansion of period supply programs in communities throughout the country.
United States

NATIONAL FACT SHEET ON PERIOD POVERTY

2 in 5 Women Struggles to Purchase Period Products Due to a Lack of Income.

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### Women in the Workforce
Nearly 3 in 10 women ages 20 or older were unemployed in February 2022 and had been looking for work for six months or longer.

### Women Missing Work & School
One-third of low-income women reports missing work, school or similar commitments due to lack of access to period supplies.

### Distributing Donated Product
Allied Programs distributed 19.7 million pads and tampons & 3.5 million liners in 2021.

### Improving Lives
Period supplies from Allied Programs provided 4.9 million worry-free days & 3.5 million confident days in 2021.

### 70.3 Million
Women and girls between the ages 12 to 44 live in the United States. Of those, 1 in 6 lives below the Federal Poverty Line (FPL).

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### 1.6 Million
Women participate in the Women, Infants, and Children (WIC) Program. Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

120+ Allied Programs Distribute 23.2 Million Period Supplies Annually and Serve 108,000 Women and Girls Monthly

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In **Utah**, 1 in 9 women and girls between the age of 12 and 44 live below the Federal Poverty Line.

### Period Supplies Help Students Stay in School

1 in 4 teens in the US has missed class due to lack of access to period supplies. In Utah, 0% of female students in public school grades 7 to 12 attend Title I Eligible schools.

### Period Supplies Are Necessities, Not Luxuries

Sales taxes on period supplies place an unequal burden on individuals who menstruate. 26 states tax period supplies. In Utah, period supplies are taxed.

### Utah Menstruators Need Period Supplies

- **762,265** women and girls between the ages 12 to 44 live in Utah. Of those, 1 in 9 live below the Federal Poverty Line (FPL).
- **87,507** women and girls between the ages 12 to 44 live below 100% of the FPL. Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.
- **70,600** women between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan. While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.
- **10,384** women participate in the Women, Infants, and Children (WIC) Program. Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

### Utah has 1 Allied Program distributing period supplies.*

The Alliance for Period supplies is working to end period poverty by providing menstruators with worry-free days.**

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* 2021 Figures
** Number of days Allied Programs provided menstruators with the recommended daily supply of period products in 2021.
United States

NATIONAL FACT SHEET ON PERIOD POVERTY

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120+ Allied Programs Distribute 23.2 Million+ Period Supplies Annually and Serve 108,000+ Women and Girls Monthly

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# Vermont

## State Fact Sheet on Period Poverty

In Vermont, **1 in 7** women and girls between the age of 12 and 44 live below the Federal Poverty Line.

### Period Supplies Help Students Stay in School

- **1 in 4 teens** in the US has missed class due to lack of access to period supplies.
- In Vermont, **79%** of female students in public school grades 7 to 12 attend Title I Eligible schools.

### Period Supplies Are Necessities, Not Luxuries

- Sales taxes on period supplies place an unequal burden on individuals who menstruate.
- **26** states tax period supplies.
- In Vermont, period supplies are **not** taxed.

### Vermont Menstruators Need Period Supplies

- **123,568** women and girls between the ages 12 to 44 live in Vermont. Of those, **1 in 7** live below the Federal Poverty Line (FPL).
- **17,561** women and girls between the ages 12 to 44 live below 100% of the FPL.
- Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.
- **35,300** women between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan. While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.
- **2,563** women participate in the Women, Infants, and Children (WIC) Program. Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

### Vermont’s 2 Allied Programs

- Distributed more than **22,380** pads and tampons
- **& 12,990** liners

### Allied Programs Provided Menstruators with

- **5,595** worry-free days

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*2021 Figures

**Number of days Allied Programs provided menstruators with the recommended daily supply of period products in 2021.

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NATIONAL FACT SHEET ON PERIOD POVERTY

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Alliance for Period Supplies works throughout the US to ensure that individuals in need have access to the essential period products they require to participate fully in daily life. Our Allied Programs nationwide collect, warehouse, and distribute menstrual products in local communities.

Women in the Workforce
Nearly 3 in 10 women ages 20 or older were unemployed in February 2022 and had been looking for work for six months or longer.

Women Missing Work & School
One-third of low-income women reports missing work, school or similar commitments due to lack of access to period supplies.

Distributing Donated Product
Allied Programs distributed 19.7 million+ pads and tampons & 3.5 million+ liners in 2021.

Improving Lives
Period supplies from Allied Programs provided 4.9 million+ worry-free days & 3.5 million+ confident days in 2021.

70.3 Million women and girls between the ages 12 to 44 live in the United States. Of those, 1 in 6 lives below the Federal Poverty Line (FPL).

11.3 Million women and girls between the ages 12 to 44 live below 100% of the FPL. Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.

15.7 Million women and girls between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan. While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.

1.6 Million women participate in the Women, Infants, and Children (WIC) Program. Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

120+ Allied Programs Distribute 23.2 Million+ Period Supplies Annually and Serve 108,000+ Women and Girls Monthly

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In Virginia, 1 in 8 women and girls between the age of 12 and 44 lives below the Federal Poverty Line.

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<td>Sales taxes on period supplies place an unequal burden on individuals who menstruate. 26 states tax period supplies. In Virginia, period supplies are taxed.</td>
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**Virginia Menstruators Need Period Supplies**

- **1,843,224** women and girls between the ages 12 to 44 live in Virginia. Of those, 1 in 8 live below the Federal Poverty Line (FPL).
- **230,971** women and girls between the ages 12 to 44 live below 100% of the FPL. Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.
- **267,700** women between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan. While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.
- **29,186** women participate in the Women, Infants, and Children (WIC) Program. Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

**Virginia’s 4 Allied Programs distributed more than**

- **1,853,379** pads and tampons*
- **308,134** liners*

**Allied Programs Provided menstruators with**

- **463,345** worry-free days**

* 2021 Figures
** Number of days Allied Programs provided menstruators with the recommended daily supply of period products in 2021.

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# United States

## NATIONAL FACT SHEET ON PERIOD POVERTY

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### Women in the Workforce

- **Nearly 3 in 10** women ages 20 or older were unemployed in February 2022 and had been looking for work for six months or longer.

### Women Missing Work & School

- **One-third** of low-income women reports missing work, school or similar commitments due to lack of access to period supplies.

### Distributing Donated Product

- **Allied Programs distributed 19.7 million+** pads and tampons & **3.5 million+** liners in 2021.

### Improving Lives

- Period supplies from Allied Programs provided **4.9 million+** worry-free days & **3.5 million+** confident days in 2021.

### 70.3 Million

- Women and girls between the ages 12 to 44 live in the United States. Of those, 1 in 6 lives below the Federal Poverty Line (FPL).

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- Women and girls between the ages 12 to 44 live below 100% of the FPL. Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.

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- Women and girls between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan. While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.

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- Women participate in the Women, Infants, and Children (WIC) Program. Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

### 120+ Allied Programs Distribute 23.2 Million+ Period Supplies Annually and Serve 108,000+ Women and Girls Monthly

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In Washington, 1 in 8 women and girls between the age of 12 and 44 lives below the Federal Poverty Line.

### Washington Menstruators Need Period Supplies

- **1,630,146** women and girls between the ages 12 to 44 live in Washington.
- Of those, **1 in 8** live below the Federal Poverty Line (FPL).
- **204,222** women and girls between the ages 12 to 44 live below 100% of the FPL.
- Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.
- **331,700** women between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan. While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.
- **32,305** women participate in the Women, Infants, and Children (WIC) Program. Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.

### Washington's 3 Allied Programs

- Distributed more than **200,581** pads and tampons
- & **111,159** liners

### Allied Programs Provided

- Menstruators with **50,145** worry-free days

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*2021 Figures

**Number of days Allied Programs provided menstruators with the recommended daily supply of period products in 2021.

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## West Virginia

**STATE FACT SHEET ON PERIOD POVERTY**

In **West Virginia, 2 in 9** women and girls between the age of 12 and 44 live below the Federal Poverty Line.

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<td>In West Virginia, <strong>13%</strong> of female students in public school grades 7 to 12 attend Title I Eligible schools.</td>
<td><strong>26</strong> states tax period supplies.</td>
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<td><strong>114,400</strong> women between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan. While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.</td>
<td>In West Virginia, period supplies are taxed.</td>
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<td><strong>8,349</strong> women participate in the Women, Infants, and Children (WIC) Program. Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.</td>
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### West Virginia Menstruators Need Period Supplies

| **350,304** women and girls between the ages 12 to 44 live in West Virginia. Of those, **1 in 9** live below the Federal Poverty Line (FPL). |
|**78,084** women and girls between the ages 12 to 44 live below 100% of the FPL. Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses. |
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### West Virginia has 1 Allied Program distributing period supplies.

*The Alliance for Period supplies is working to end period poverty by providing menstruators with worry-free days.*

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* 2021 Figures
** Number of days Allied Programs provided menstruators with the recommended daily supply of period products in 2021.

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**Alliance for Period Supplies**

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Wisconsin
STATE FACT SHEET ON PERIOD POVERTY

In Wisconsin, 1 in 7 women and girls between the age of 12 and 44 lives below the Federal Poverty Line.

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<td>1 in 4 teens in the US has missed class due to lack of access to period supplies. In Wisconsin, 57% of female students in public school grades 7 to 12 attend Title I Eligible schools.</td>
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<th>Wisconsin’s 5 Allied Programs Distributed More Than</th>
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<td>1,194,948 women and girls between the ages 12 to 44 live in Wisconsin. Of those, 1 in 7 live below the Federal Poverty Line (FPL).</td>
<td>210,520 pads and tampons* &amp; 55,852 liners*</td>
<td>52,630 worry-free days**</td>
</tr>
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<td>171,351 women and girls between the ages 12 to 44 live below 100% of the FPL. Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.</td>
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<td>202,300 women between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan. While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.</td>
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<td>19,158 women participate in the Women, Infants, and Children (WIC) Program. Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.</td>
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## Wyoming
### STATE FACT SHEET ON PERIOD POVERTY

In **Wyoming**, 1 in 7 women and girls between the age of 12 and 44 lives below the Federal Poverty Line.

#### Period Supplies Help Students Stay in School

1 in 4 teens in the US has missed class due to lack of access to period supplies. In Wyoming, **34%** of female students in public school grades 7 to 12 attend Title I Eligible schools.

#### Period Supplies Are Necessities, Not Luxuries

Sales taxes on period supplies place an unequal burden on individuals who menstruate. 26 states tax period supplies. In Wyoming, period supplies are taxed.

### Wyoming Menstruators Need Period Supplies

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<td>119,498</td>
<td><strong>Women and girls between the ages 12 to 44 live in Wyoming.</strong> Of those, 1 in 7 live below the Federal Poverty Line (FPL).</td>
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<td>17,167</td>
<td><strong>Women and girls between the ages 12 to 44 live below 100% of the FPL.</strong> Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.</td>
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<td>15,800</td>
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<td>1,845</td>
<td><strong>Women participate in the Women, Infants, and Children (WIC) Program.</strong> Participants of the WIC program receive nutritious food. However, those living below 185% FPL face challenges meeting other material basic necessities.</td>
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Wyoming has **1 Allied Program** distributing period supplies.*

The Alliance for Period supplies is working to end period poverty by providing menstruators with worry-free days.**

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In **Washington, D.C.**, 1 in 6 women and girls between the age of 12 and 44 lives below the Federal Poverty Line.

**Period Supplies Help Students Stay in School**

- **1 in 4 teens** in the US has missed class due to lack of access to period supplies.
- In D.C., **73%** of female students in public school grades 7 to 12 attend Title I Eligible schools.

**Period Supplies Are Necessities, Not Luxuries**

- Sales taxes on period supplies place an unequal burden on individuals who menstruate.
- **26** states tax period supplies.
- In Washington, D.C., period supplies are **not** taxed.

**Washington, D.C. Menstruators Need Period Supplies**

- **198,728** women and girls between the ages 12 to 44 live in Washington, D.C.
  - Of those, 1 in 6 live below the Federal Poverty Line (FPL).
- **330,641** women and girls between the ages 12 to 44 live below 100% of the FPL.
  - Almost 60% of families living in poverty experience financial distress and struggle to keep up with their bills and cover unexpected expenses.
- **54,300** women between the ages 12 to 44 receive health coverage through Medicaid, Medical Assistance, or other government-assistance plan.
  - While providing financial protection for healthcare needs, individuals still struggle to access the material basic necessities they require to thrive.
- **3,827** women participate in the Women, Infants, and Children (WIC) Program.
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**Washington D.C. has 1 Allied Program distributing period supplies.**

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